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FOR IMMEDIATE RELEASE

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COVID-19 Community Level Updated to High for New London County

Based on surveillance data available in a new tool created by the Centers for Disease Control and Prevention (CDC) called [COVID-19 Community Levels](#), the municipalities within Ledge Light Health District are currently classified as **High**. Community Levels can be low, medium, or high and are determined by looking at hospital beds being used, hospital admissions, and the total number of new COVID cases in a specific geographical area. CDC recommends taking precautions to protect yourself and others from COVID based on Community Levels in your area. All New London County residents are advised to:

- Stay [up to date](#) with COVID-19 vaccines
- [Get tested](#) if you have symptoms
- Wear a mask if you have symptoms, test positive, or were exposed to a positive case
- **Wear a mask indoors in public, and on public transportation**
- If you are at [higher risk of severe illness](#) consider taking [additional precautions](#)

You can view the new tool by following this link: <https://www.cdc.gov/coronavirus/2019-ncov/your-health/covid-by-county.html>

LLHD continues to focus our vaccination efforts on homebound populations and providing initial vaccinations and boosters to individuals who were vaccinated previously. Information about vaccination opportunities can be found at <https://llhd.org/coronavirus-covid-19-situation/covid-19-vaccine/>.

COVID testing opportunities can be found at [COVID-19 Testing | Ledge Light Health District \(llhd.org\)](#)

The following link provides centralized access to Connecticut COVID data: <https://data.ct.gov/stories/s/COVID-19-data/wa3g-tfvc/>

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Ledge Light Health District – LLHD – serves as the local health department for East Lyme, Groton, Ledyard, Lyme, New London, North Stonington, Old Lyme, Stonington and Waterford, Connecticut. As a health district, formed under Connecticut General Statutes Section 19a-241, LLHD is a special unit of government, allowing member municipalities to provide comprehensive public health services to residents in a more efficient manner by consolidating the services within one organization.