



COVID-19

ISOLATION & QUARANTINE

IF YOU TEST POSITIVE (ISOLATION)

Everyone, regardless of vaccination status must follow this

- Stay home for 5 days away from others in your household. The day symptoms start or date of test collection if no symptoms is day 0.
- If you have no symptoms or your symptoms are almost gone after 5 days, you can leave the house but wear a mask for 5 more days.
- If you have a fever, continue to stay home until the fever-free 24 hrs.
- Children who can not mask should isolate for 10 days.

IF EXPOSED TO SOMEONE WITH COVID (QUARANTINE)

If you have had the booster OR completed the Pfizer or Moderna series within the last 6 months OR had J&J vaccine in the last 2 months

- You do not need to quarantine as long as you have no symptoms
- Wear a mask when around others for 10 days
- If possible, test at day 5
- If you develop symptoms, test and stay home (isolate)



If you have NOT had the booster OR completed the Pfizer or Moderna series MORE than 6 months ago OR had J&J vaccine MORE than 2 months ago or are UNVACCINATED

- Stay home for 5 days away from others; if unable to stay away from positive case in household must quarantine for 5 days more
- Wear a mask for an additional 5 days when out of quarantine
- If possible, test at day 5
- If you develop symptoms, test and stay home (isolate)



PLEASE NOTE: any child <2 yrs or anyone who can not wear a mask should quarantine for 10 days following last contact with the positive case. If there is ongoing household contact with a positive case, they would quarantine for the 5 days of the positive case's isolation period plus 10 days.



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