**COVID-19**
**ISOLATION & QUARANTINE**

**IF YOU TEST POSITIVE (ISOLATION)**

*Everyone, regardless of vaccination status must follow this*

- Stay home for 5 days away from others in your household. The day symptoms start or date of test collection if no symptoms is day 0.
- If you have no symptoms or your symptoms are almost gone after 5 days, you can leave the house but wear a mask for 5 more days.
- If you have a fever, continue to stay home until the fever-free 24 hrs.
- Children who can not mask should isolate for 10 days.

**IF EXPOSED TO SOMEONE WITH COVID (QUARANTINE)**

*If you have had the booster OR completed the Pfizer or Moderna series within the last 6 months OR had J&J vaccine in the last 2 months*

- You do not need to quarantine as long as you have no symptoms
- Wear a mask when around others for 10 days
- If possible, test at day 5
- If you develop symptoms, test and stay home (isolate)

*If you have NOT had the booster OR completed the Pfizer or Moderna series MORE than 6 months ago OR had J&J vaccine MORE than 2 months ago or are UNVACCINATED*

- Stay home for 5 days
- Wear a mask for an additional 5 days
- If possible, test at day 5
- If you develop symptoms, test and stay home (isolate)

**PLEASE NOTE**: any child <2 yrs or anyone who can not wear a mask should quarantine for 10 days following last contact with the positive case. If there is ongoing household contact with a positive case, they would quarantine for the 5 days of the positive case’s isolation period plus 10 days.