

I tested positive for COVID-19. What should I do?

Isolate at home until you meet all of the following criteria to discontinue isolation:

- 10 days have passed following the onset of symptoms **AND**
- 24 hours without a fever (without the use of fever-reducing medication) **AND**
- overall, symptoms are improving.
- If you have not had any symptoms, you should isolate at home for 10 days following the date the positive test was collected.

Identify your close contacts.

- A close contact is anyone within 6 feet for 15 minutes or more (cumulatively over a 24 hour period) during infectious window, which begins 48 hours prior to the onset of symptoms, or date of test collection if asymptomatic.
- A contact of a contact is not a contact.

Speak with a contact tracer when they call.

Monitor your symptoms. Call 911 if you are having a medical emergency, including difficulty breathing.