

I am a close contact of someone with COVID-19. What should I do?

If you are fully vaccinated:

- You do not need to quarantine as long as you do not have symptoms.
- Get tested 3-5 days after exposure. If you test positive you must isolate for 10 days.
- Monitor for symptoms for 14 days following the exposure.

If you are not fully vaccinated:

- Quarantine for 10 days following the date of exposure to a positive case.
- If there is ongoing household contact with a positive case, you should quarantine for the entire isolation period of the positive case plus 10 days following the end of their isolation period.
- Monitor for symptoms for 14 days following the exposure.
- Get tested for COVID-19 as soon as possible after you are notified of the exposure, and if negative, get tested again in 5–7 days after exposure or if symptoms develop.

If you recently recovered from COVID-19:

- You do not need to quarantine if you have had a positive COVID-19 test result in the past 90 days and have completed your isolation period, as long as you are not experiencing symptoms.
- Monitor for symptoms for 14 days following the exposure.

Sema4 Weekly Testing Sites:

- **Tuesday, 3-7pm – City of Groton Municipal Building, 295 Meridian St., Groton**
- **Wednesday, 8-11am, Waterford Public Library, 49 Rope Ferry Rd, Waterford**
- **Thursday, 4-7pm, Stonington Human Services, 166 S Broad St, Pawcatuck**
- **Friday, 12-5pm – New London Senior Center, Brainard and Mercer, New London**

Or visit www.211ct.org to find a COVID-19 testing site near you.