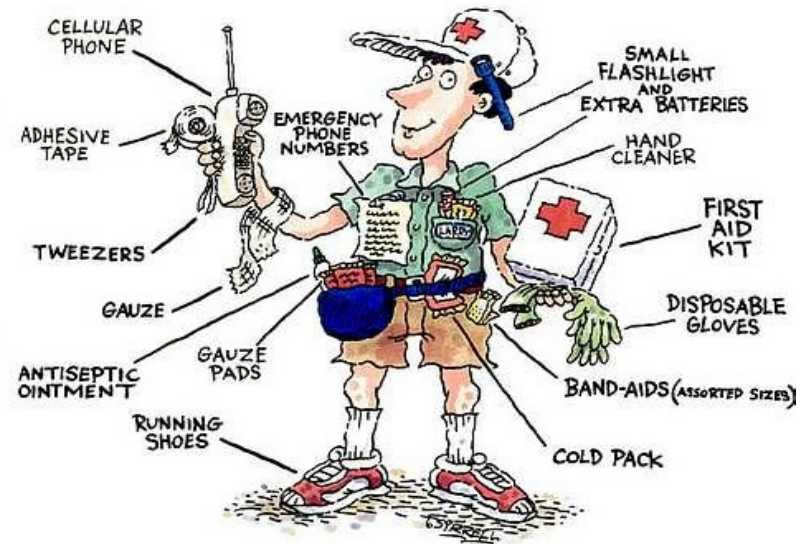


PREPARING TOGETHER: A KID'S GUIDE.

**PREVENT,
PRACTICE,
PREPARE!**



Public Health
Prevent. Promote. Protect.

Washington County:

Phone: (503) 846-8292

155 N First Avenue, Hillsboro, OR 97124-3072

Visit us:

WIND STORM...

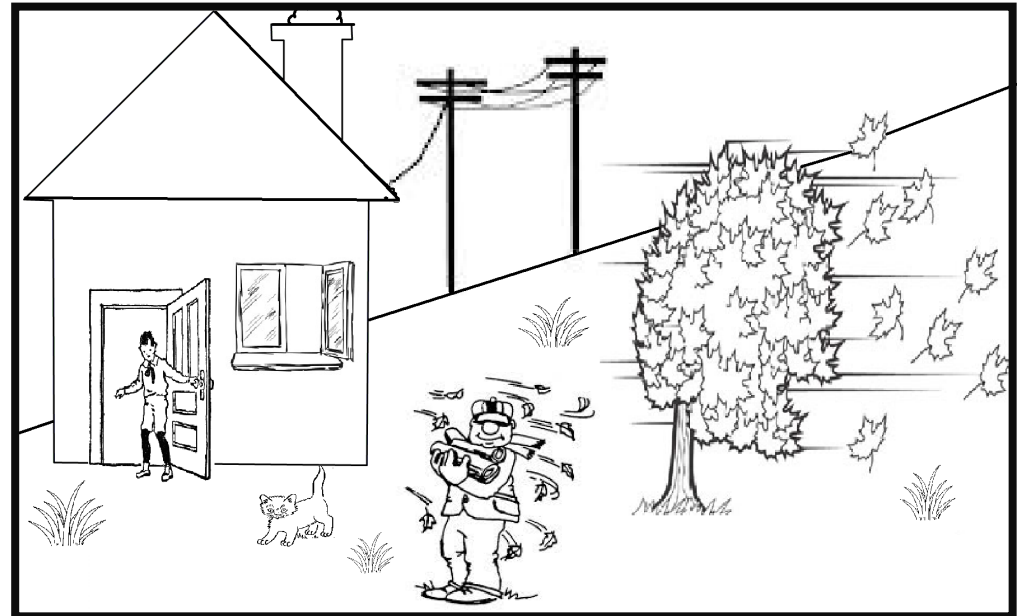
DID YOU KNOW?

A wind storm is a brief weather event with strong winds that are 50 miles per hour or more!

- DO GO INDOORS AND STAY INSIDE**
- DO CLOSE THE DOORS, WINDOWS & CURTAINS**
- DO STAY AWAY FORM DOORS & WINDOWS**
- DO STAY AWAY FROM TREES & POWER LINES**
- DO BRING PETS INSIDE**



Color me



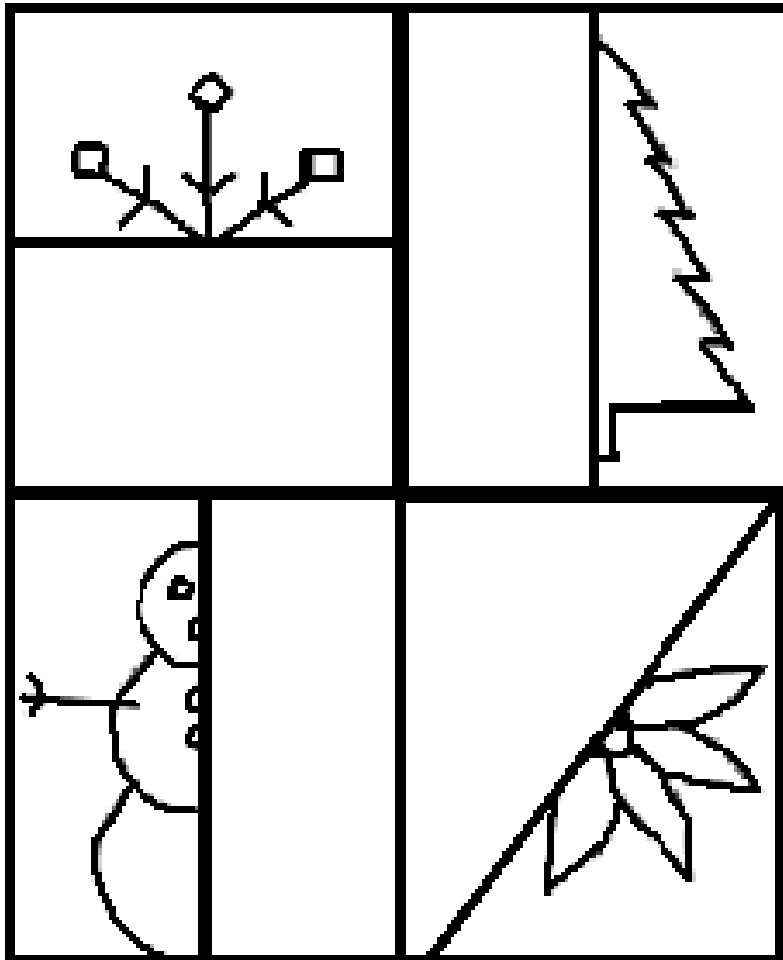
CAN YOU FIND IT?

Can you find the six things in this picture that that could be in danger, or might cause danger, during a wind storm?

Answers: CAT, OPEN WINDOW, KID IN DOOR, PERSON OUTSIDE, POWERLINES, TREE

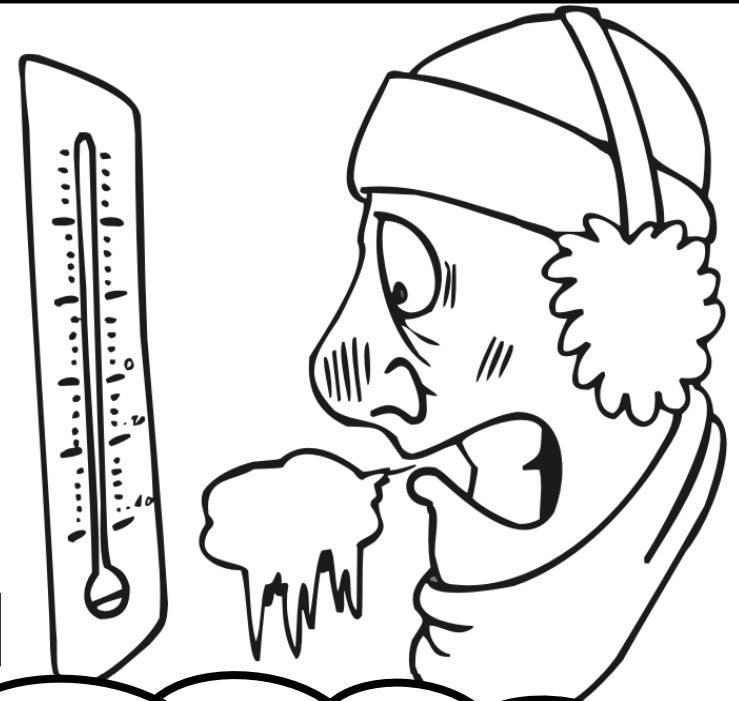
WINTER STORM...

- DO STOCK UP ON FOOD, WATER, PET FOOD & MEDICINE BEFORE THE STORM**
- DO BRING PETS INSIDE**
- DO PREPARE WITH COATS & BLANKETS**
- DO STAY IN UNTIL IT IS SAFE TO GO OUT**
- DO WEAR LAYERS IF YOU GO OUTSIDE**



Complete the drawings!

Color me



DID YOU KNOW?

A winter storm is a long weather event with snow and ice!

PANDEMIC...



Color me

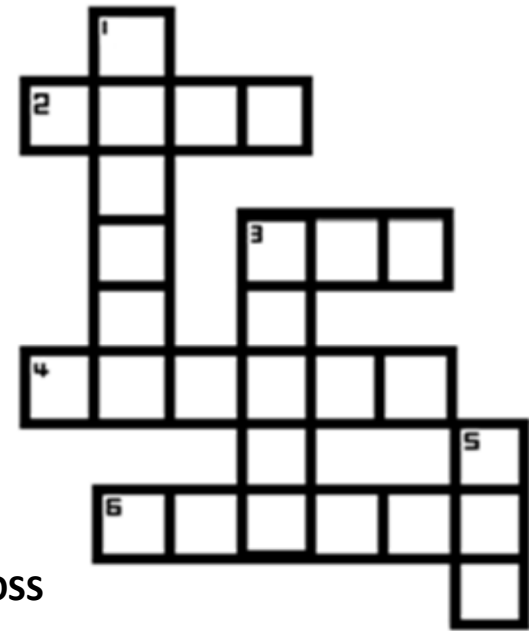
DID YOU KNOW?

A pandemic is an outbreak of a disease that affects people around the world!

-DO WASH YOUR HANDS OFTEN

-DO COVER YOUR COUGH WITH YOUR SLEEVE

-DO STAY HOME WHEN YOU ARE SICK



ACROSS

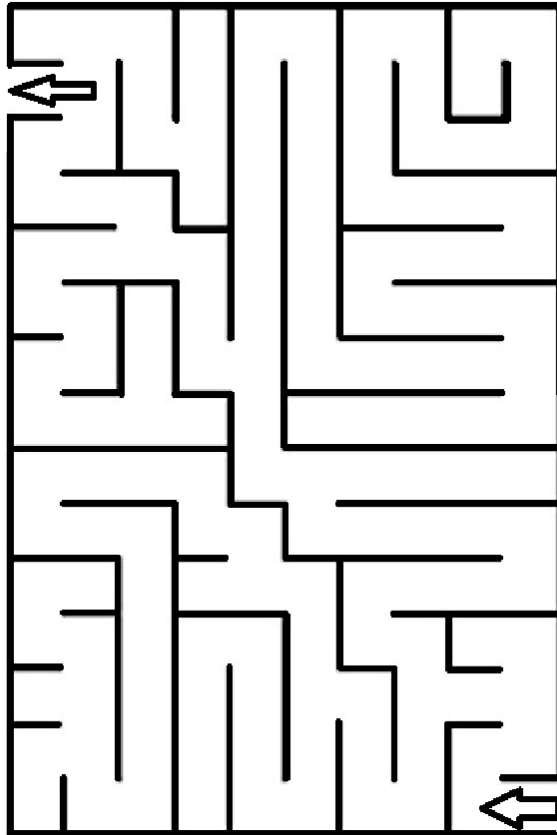
2. When you're sick you should stay here.
3. How your skin feels when you have a fever.
4. You should not share these with friends.
6. Something found in a box that is used to catch a cough.

DOWN

1. The person you go to see at a clinic when you're sick.
3. You should always wash your ____ after sneezing.
5. What you lay in whenever you're sick.

Answer: (Across) Home, Hot, Drinks, Tissue
(Down) Doctor, Hands, Bed

FLOOD...



Help Anthony get to higher ground, where Maria is waiting!

- DON'T WALK THROUGH FLOOD WATER**
- DO MOVE TO HIGHER GROUND**
- DON'T TOUCH LIGHT SWITCHES IF YOU ARE WET OR STANDING IN WATER**

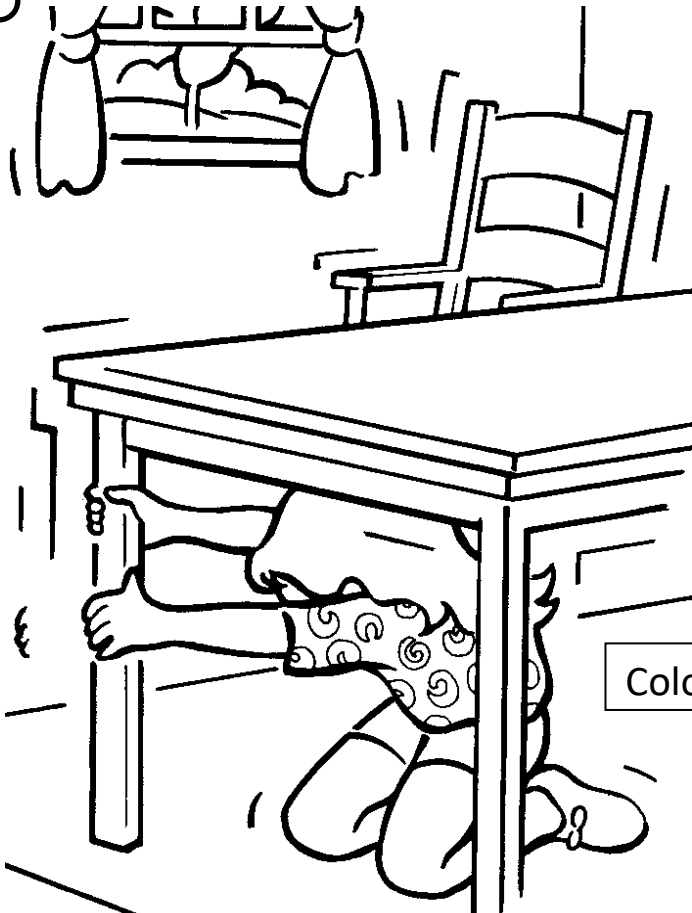


Color Me

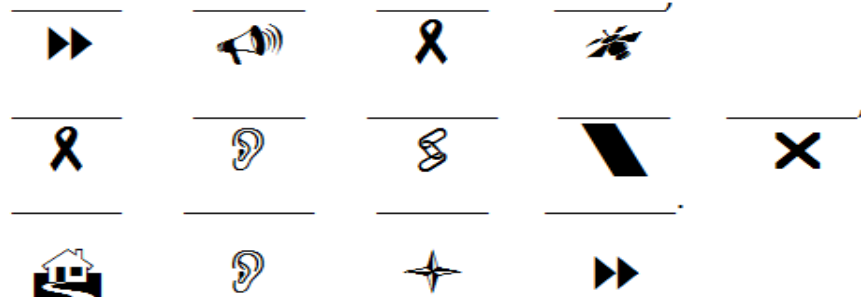
DID YOU KNOW?!
Floods are the most common natural disaster! They can be small (neighborhood) or large (most or all of the state).

EARTHQUAKE...

- DO DUCK UNDER A TABLE OR DESK
- DO COVER YOUR HEAD
- DO HOLD ON TO THE LEG OF THE TABLE
- DO STAY PUT UNTIL THE SHAKING STOPS



Color Me



A	B	C	D	E	F	G	H	I
✓	bicycle	ribbon	▶▶	diagonal line	car	plane	house	key
J	K	L	M	N	O	P	Q	R
gift	plane	compass	lightbulb	eye	ear	car	car	X
S	T	U	V	W	X	Y	Z	
angel	box	megaphone	ribbon	flame	no	heart	no	

^Decode the earthquake rule.

Answer: DUCK, COVER, HOLD.

DID YOU KNOW?

A recent study shows the Pacific Northwest has a 37% chance of a magnitude 8 or larger earthquake happen in the next 50 years.

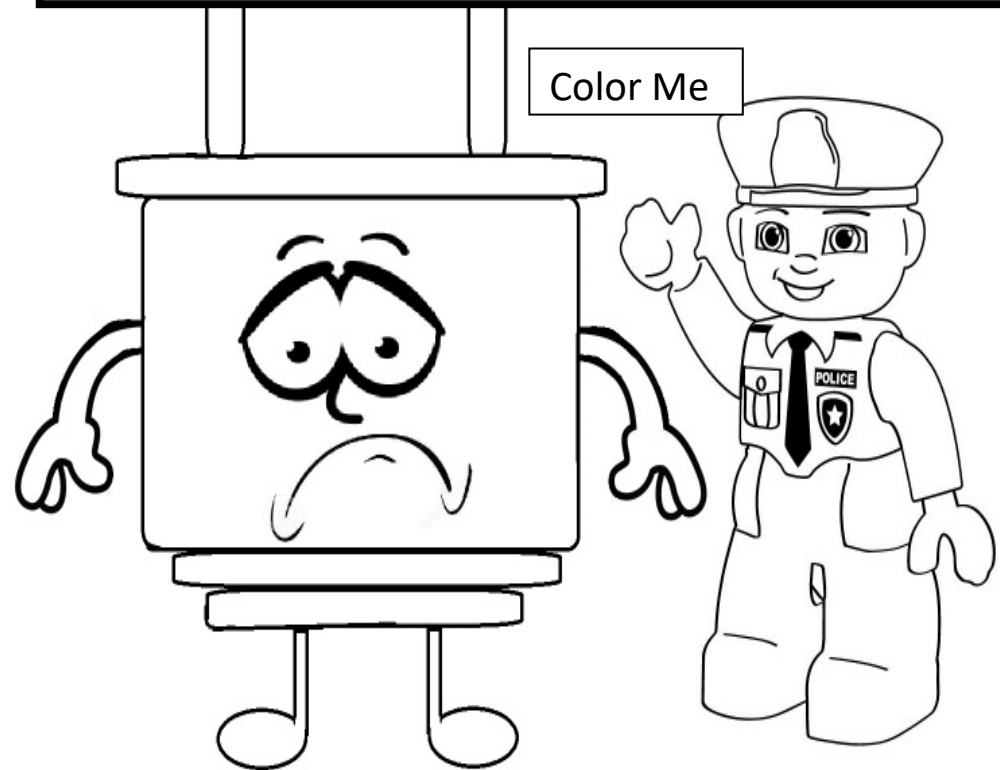
UTILITY FAILURE...

WORDSEARCH:

E	S	M	X	H	G	A	Z	K	T	B	P	F	Q	V
R	L	F	X	A	I	R	E	Z	T	X	G	O	S	T
E	S	E	S	E	M	G	V	P	B	Y	Q	Q	H	R
W	C	S	C	C	Q	B	G	A	Z	R	O	G	E	Q
O	R	W	O	T	B	R	O	K	E	N	I	H	J	L
P	X	M	X	L	R	T	T	Z	S	L	T	L	V	Q
A	B	E	E	P	V	I	S	P	H	T	O	C	S	P
N	C	N	D	D	M	O	C	S	P	M	R	T	W	K
F	Q	F	N	P	O	M	A	I	Z	Q	G	D	V	R
T	B	G	H	K	X	L	F	M	T	E	E	P	R	G
R	E	T	A	W	F	A	I	E	A	Y	D	D	P	J
R	C	I	U	X	I	B	L	P	G	A	X	N	T	U
Z	G	W	E	L	F	X	F	F	C	I	V	W	S	Z
O	T	A	P	Q	F	Q	S	P	U	Y	U	J	Q	I
J	T	I	Q	K	C	E	Y	E	Y	I	Q	B	N	I

-Broken	-Electricity	-Fail	-Flashlight
-Gas	-Loss	-Power	-Water

- DO NOT GO NEAR DOWNED POWER LINES**
- KNOW WHERE A FLASHLIGHT, FOOD THAT WON'T SPOIL, AND WARM CLOTHES OR BLANKETS ARE IN YOUR HOME**
- STAY INSIDE**



DID YOU KNOW?

A utility failure is an electricity, water, or natural gas outage that can last a long time.

WILDFIRE...

- DO NOT PLAY WITH FIRE OR FIREWORKS**
- DO HAVE A GET OUT PLAN**
- DO GET LOW AND GET OUT DURING A HOUSE FIRE**

DID YOU KNOW?

There are different kinds of fires like Wildland-Urban, Forest, Range and Agricultural fires.

Color Me

Word Scramble:

Unscramble the words and find out what they mean!

EILRWFID: _____

RIFHTEFIERG: _____

RTEFSO: _____

ENRGA: _____

TUAALIGURCLR: _____

DILDWLNA-BRUNA: _____

UNRB: _____

EKSOM: _____



Answers: WILDFIRE, FIREFIGHTER, FOREST, RANGE, AGRICULTURAL, WILDLAND-URBAN, BURN, SMOKE.

CALL 9-1-1 for fire or injury!

My Family Communication Plan:

My Name: _____

My Address: _____

My Telephone Number: _____

Family phone number:

Cellphone Number:

Name and number of neighbor or relative:

Name and number of out-of-town contact:

More emergency numbers:

Local police station: _____

Local fire department: _____

Poison control: 1-800-222-1222

Hospital emergency room: _____

Doctor: _____

Dentist: _____

Pharmacy: _____

Other important numbers:

LET'S MAKE A KIT!

Draw what you will put in your preparedness kit:

Here are some ideas:

Water
Canned food
Can opener
Flashlight
Radio
Extra batteries
First aid kit
Whistle
Extra clothes
Hand Sanitizer
Wet Wipes
Toothpaste
Toothbrush
Toys & Games
Eye Glasses
Medicine
Blankets

Let's Do the Water Math:

You need at least a two week supply. Each person needs 1 gallon per day.

How many people are in your family?

_____ people

x 14 =

_____ gallons
of water.

Circle three foods you could use in your kit:



Answer: JERKY, CANNED FRUIT,
PEANUT BUTTER

