

GASP NDAFW Challenge

Name: _____

Date: _____

Fill in the blank with a word from the word bank. This activity is brought to you by the Groton Alliance for Substance Abuse (GASP). Follow us @Groton_Prevents!

1. A _____ use disorder is a medical condition that doctors diagnose when someone's use causes them distress or harm; treatment is available.
2. No level of _____ is safe or legal for anyone under age 21.
3. Teens who drink are more likely to use other _____ than teens who don't.
4. It is considered _____ when medications are taken not as prescribed, to get "high," or when you take some prescribed for someone else.
5. With repeated use, _____ like cocaine can disrupt how the brain's dopamine system works, reducing a person's ability to feel pleasure from normal, everyday activities.
6. Mixing different types of _____ drugs can be particularly dangerous.
7. Prescription drugs that effect the brain, including _____ pain relievers, stimulants, and depressants, can cause physical dependence that could lead to addiction.
8. _____ is the most commonly used illicit drug in the United States by teens as well as adults.
9. Tobacco use is the leading _____ cause of disease, disability, and death in the United States.
10. _____ cause more than 480,000 premature deaths in the United States each year—from smoking or exposure to secondhand smoke.
11. Nicotine from vaping products activates the brain's rewards circuits and increases levels of a chemical messenger in the brain called _____ .
12. Recently, the government raised the legal age to purchase all _____ products to 21.
13. People who use marijuana may feel a mild _____ when they stop using the drug including irritability, sleeplessness, lack of appetite, anxiety, and cravings.
14. Alcohol _____ (also called overdose) occurs when there is so much alcohol in a person's bloodstream that areas of the brain controlling basic life-support systems—such as breathing, heart rate, and temperature control—begin to shut down.
15. Marijuana can be _____ ---meaning people continue to use it despite negative consequences.

opioid	substance	withdrawal	stimulants
poisoning	drinking	addictive	preventable
cigarettes	drugs	dopamine	misuse
tobacco	marijuana	prescription	