HOW TO SAVE A LIFE IN TWO WAYS:

A Hybrid Naloxone (Narcan) and QPR (Question, Persuade, Refer) Suicide Prevention Training

Monday, August 5th at 6:00PM
Town of Groton Town Hall Annex
or
Thursday, August 15th at 7:30PM
City of Groton Municipal Building

What you'll take away from QPR suicide prevention training:

- How to Question, Persuade and Refer (QPR) someone who may be suicidal
- How to get help for yourself or learn more about preventing suicide
- The common causes of suicidal behavior
- The warning signs of suicide
- How to get help for someone in crisis

What you'll take away from naloxone training:

- Overdose prevention strategies
- Knowing the signs and symptoms of opioid overdose
- How to administer naloxone
- Understanding of the Good Samaritan Law
- 1 box of naloxone with 2 doses (nasal spray)
- Information and resources

This training is FREE and open to the public. Pre-registration is required. Please contact Carolyn Wilson 860-446-3062 or cwilson@llhd.org to register.

This training was made possible by the SOR grant from SERAC.
Brought to you by a community-wide partnership:

SERAC Supporting and Engaging Resources for Action and Change
Community Speaks Out
GASP Groton Alliance Substance Abuse Prevention
City Police Groton Connecticut
Groton Police Est. 1908
LLHD Ledge Light Health District