



# Appendices

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# APPENDIX A

## Appendix A

### Sampling Methodology for DataHaven 2015 Survey

Respondents are contacted via landline or cell phone. The design of the landline sample is conducted so as to ensure the selection of both listed and unlisted telephone numbers, using random digit dialing (RDD). The cell phone sample is drawn from a sample of dedicated wireless telephone exchanges from within Connecticut and the specified zip codes within New York State. Respondents are screened for residence in the state of Connecticut or one of the seven zip codes in New York.

The primary supplier of the RDD landline and cell phone samples is Survey Sampling International (SSI) of Shelton, Connecticut, “the premier global provider of sampling solutions for survey research<sup>1</sup>”.

From the SSI Fact Sheet on Radom Digit Samples (for landline telephone samples):

*Most SSI samples are generated using a database of “working blocks.” A block (also known as a 100-bank or a bank) is a set of 100 contiguous numbers identified by the first two digits of the last four digits of a telephone number. For example, in the telephone number 255-4200, “42” is the block. A block is termed to be working if one or more listed telephone numbers are found in that block.*

*The sample composition is comprised of random numbers distributed across all eligible blocks in proportion to their density of listed telephone households. All blocks within a county are organized in ascending order by area code, exchange, and block number. Once the quota has been allocated to all counties in the frame, a sampling interval is calculated by summing the number of listed residential numbers in each eligible block within the county and dividing that sum by the number of sampling points assigned to the county. From a random start between zero and the sampling interval, blocks are systematically selected in proportion to their density of listed households. Once a block has been selected, a two-digit number is systematically selected in the range 00-99 and is appended to the exchange and block to form a 10-digit telephone number.*

From the SSI Wireless Sample Methodology Fact Sheet:

*SSI starts with the most recent monthly Telcordia TPM (Terminating Point Master) Data file. This is Telcordia’s master file of NPA-NXX and Block-ID records for the North American Number Plan. It contains at least one record per NPA-NXX. For prefixes (NPA-NXXs) where 1000-block number pooling is in effect, this file also provides information for individual 1000-blocks. This allows users to identify those 1000-blocks that have either not been assigned for service or that have been allocated to different service providers.*

*From this file, SSI selects all records (NPA-NXXs and/or 1000-blocks) where the NXXTYPE is:*

*04 Dedicated to Cellular*

*55, 60 Special/Selective Billing Option – Cellular*

*65 Miscellaneous Service (non-500 PCS)*

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<sup>1</sup> [www.surveysampling.com](http://www.surveysampling.com)

## Appendix A

*67, 68 Special/Selective Billing Options – PCS*

*58, 63 Special/Selective Billing Options - Cell, paging, mobile*

*50 Shared 3 or more POTS, Cellular, Paging*

*54 Shared POTS and Cellular*

*66 Shared POTS and PCS (non-500)*

*and*

*Dialable Indicator is 1 (yes, dialable by subscriber)*

*Point ID is 48 non-protected, Alaska and Hawaii*

*Change Code is not Z (deleted but preserved for billing) or D (Deleted)*

- *New exchanges/1000-blocks are included in the frame. They have an activation date on or before the release date associated with the release date of the wireless frame.*
- *Dedicated US Mobile (IMTS) and Paging services will not be included. However, numbers belonging to paging or IMTS services may be encountered in 'mixed' or 'shared' blocks selected above.*

*Exchange records for which there were no 1000-block records are expanded to ten (10) 1000-block records. This file is then further expanded to a file of 100- blocks, 10 100-block records per 1000-block containing the same information as the 1000-block record.*

*"Mixed" or "shared" 100-blocks (NXXTYPES 50, 54, 66) are then compared to SSI's list-assisted RDD database.*

*100-blocks with no listed numbers are retained in the wireless frame and 100-blocks containing listed numbers on the RDD frame are removed. The result is a frame of 100-blocks that is mutually exclusive of SSI's list-assisted RDD frame while allowing coverage in prefixes and 1000-blocks that potentially provide both landline and wireless service.*

In addition to the traditional RDD samples for landline and cell, we will be augmenting the sample using a stratified sampling technique. These stratified samples will remain RDD for both landline and cell but will be using information from the U.S. Census so as to enhance the composition of the sample, including targeted regions, urban centers, and high concentrations of minority populations.

From SSI on Targeting Samples:

*If the sample design requires targeting White, Black, Hispanic, Asian or other ethnic households, SSI has developed prefix-level density estimates for these special population segments. SSI uses census data for census tracts to estimate the probability of reaching various racially or ethnically defined households in each prefix. Once a geographic area has been defined, SSI prepares an ethnic density report, which examines all prefixes in the defined geography. This analysis looks at every prefix and rank-orders them starting with those with a 100% density estimate, down to and*

*including those with a 0% density estimate. The report also includes the cumulative count of prefixes and listed telephone numbers at each percentage and calculates cumulative coverage and hit rate estimates of minority households for each percentage. Based on this analysis, the user may then select that set of exchanges which represents the coverage level and demographic incidence most appropriate for a given study.*

Additionally, for the cell phone sample we will be utilizing SSI's Wireless LITe database which will enable us to target the cell phone sample when necessary by region or zip code. The database includes the billing address associated with the telephone number. In addition to the ability to target cell phone sample, utilizing this database also allows us to include non-Connecticut and Westchester County telephone numbers as someone may have moved and their billing address is in the area but their cell phone number is not a 'typical' Connecticut or Westchester County telephone number (meaning not a 203, 860 or 914 area code). Again, all of these respondents are screened for residence in the qualifying area before continuing.

Appendix A

2015 DataHaven Survey Questionnaire

2015DataHaven 2015/05/05 15:45 1

**INT01:**

Hello, this is \_\_\_\_\_ calling from the Siena College Research Institute on behalf of community and charitable organizations in your area. We are interested in your opinions about life here in your area and surrounding towns. No one will try to sell you anything and your participation may help improve the quality of life for people in our area. All responses are strictly anonymous. May I speak with the person living in your household who is 18 years old or older and whose birthday will come next?[IF CELL PHONE: Are you 18 years of age or older?]

|                                       |    |
|---------------------------------------|----|
| Continue with survey .....            | OK |
| Call back at a later time .....       | 21 |
| Appointment .....                     | 22 |
| Not a Private Residence .....         | 23 |
| No Eligible Respondent .....          | 24 |
| Soft Refusal .....                    | 81 |
| Hard Refusal .....                    | 82 |
| Do Not Call .....                     | 83 |
| Spanish Speaking .....                | 31 |
| Not English or Spanish Speaking ..... | 32 |
| No Male in Household .....            | 41 |

**SAFE:**

Are you in a place where you can safely talk on the phone and answer my questions?

|           |   |
|-----------|---|
| Yes ..... | 1 |
| No .....  | 2 |

**STATE2:**

What state do you live in?

|                     |    |
|---------------------|----|
| Connecticut .....   | 09 |
| New York .....      | 36 |
| Other/Refused ..... | 99 |

**BUSCELL:**

Is the cell phone I have reached you on used only for personal use, only for business use, or used for both personal and business use?

|                             |   |
|-----------------------------|---|
| Personal use .....          | 1 |
| Business use .....          | 2 |
| Both .....                  | 3 |
| [DO NOT READ] Refused ..... | 9 |

**Q1:**

Are you satisfied with the city or area where you live?

|                                |   |
|--------------------------------|---|
| Yes .....                      | 1 |
| No .....                       | 2 |
| [DO NOT READ] Don't know ..... | 8 |
| [DO NOT READ] Refused .....    | 9 |

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**Q2:**

As a place to live, is the city or area where you live getting much better, getting somewhat better, remaining about the same, getting somewhat worse or getting much worse?

|                                |   |
|--------------------------------|---|
| Much better .....              | 1 |
| Somewhat better .....          | 2 |
| About the same .....           | 3 |
| Somewhat worse .....           | 4 |
| Much worse .....               | 5 |
| [DO NOT READ] Don't know ..... | 8 |
| [DO NOT READ] Refused .....    | 9 |

**NYZIP:**

And your ZIP code there is?

|             |       |
|-------------|-------|
| 10504 ..... | 10504 |
|-------------|-------|

10506 ..... 10506  
 10538 ..... 10538  
 10543 ..... 10543  
 10573 ..... 10573  
 10576 ..... 10576  
 10580 ..... 10580  
 [DO NOT READ] Other/Refused..... 99999

**NYZIPV:**

To confirm, your zip code is <nyzip>  
 Yes ..... 1  
 No ..... 2

**CTZIP:**

And your ZIP code there is?  
 (All ZIPs in CT) .....  
 Refused ..... 99999

**CTZIPV:**

To confirm, your zip code is <ctzip>  
 Yes ..... 1  
 No ..... 2

**Q4KEY:**

Now I'm going to ask you to think about some aspects of life in your city or area. For each of the following, I'd like you to rate that part of life in your area as excellent, good, fair, poor or let me know if you simply don't know enough in order to say  
 Continue ..... 1

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**Q4A:**

How responsive local government is to the needs of residents[IF NEEDED: I'd like you to rate that part of life in your area as excellent, good, fair, poor or let me know if you simply don't know enough about it in order to say.]  
 Excellent ..... 1  
 Good ..... 2  
 Fair ..... 3  
 Poor ..... 4  
 Don't know enough about it in order to say ..... 5  
 [DO NOT READ] Refused ..... 9

**Q4B:**

The availability of the goods and services that meet your needs[IF NEEDED: I'd like you to rate that part of life in your area as excellent, good, fair, poor or let me know if you simply don't know enough about it in order to say.]  
 Excellent ..... 1  
 Good ..... 2  
 Fair ..... 3  
 Poor ..... 4  
 Don't know enough about it in order to say ..... 5  
 [DO NOT READ] Refused ..... 9

**Q4D:**

The job done by the police to keep residents safe[IF NEEDED: I'd like you to rate that part of life in your area as excellent, good, fair, poor or let me know if you simply don't know enough about it in order to say.]  
 Excellent ..... 1  
 Good ..... 2  
 Fair ..... 3  
 Poor ..... 4  
 Don't know enough about it in order to say ..... 5  
 [DO NOT READ] Refused ..... 9

**Q4E:**

The ability of residents to obtain suitable employment[IF NEEDED: I'd like you to rate that part of life in your area as excellent, good, fair, poor or let me know if you simply don't know enough about it in order to say.]  
 Excellent ..... 1



|  |   |
|--|---|
| Good .....                                       | 2 |
| Fair .....                                       | 3 |
| Poor .....                                       | 4 |
| Don't know enough about it in order to say ..... | 5 |
| [DO NOT READ] Refused .....                      | 9 |

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**Q4F:**

As a place to raise children[IF NEEDED: I'd like you to rate that part of life in your area as excellent, good, fair, poor or let me know if you simply don't know enough about it in order to say.]

|  |   |
|--|---|
| Excellent .....                                  | 1 |
| Good .....                                       | 2 |
| Fair .....                                       | 3 |
| Poor .....                                       | 4 |
| Don't know enough about it in order to say ..... | 5 |
| [DO NOT READ] Refused .....                      | 9 |

**Q4G:**

The condition of public parks and other public recreational facilities[IF NEEDED: I'd like you to rate that part of life in your area as excellent, good, fair, poor or let me know if you simply don't know enough about it in order to say.]

|  |   |
|--|---|
| Excellent .....                                  | 1 |
| Good .....                                       | 2 |
| Fair .....                                       | 3 |
| Poor .....                                       | 4 |
| Don't know enough about it in order to say ..... | 5 |
| [DO NOT READ] Refused .....                      | 9 |

**Q5:**

Over the past 12 months, have you volunteered for or through an organization or helped out as a volunteer to address needs in your community?

|                                |   |
|--------------------------------|---|
| Yes .....                      | 1 |
| No .....                       | 2 |
| [DO NOT READ] Don't know ..... | 8 |
| [DO NOT READ] Refused .....    | 9 |

**Q6:**

How would you describe your ability to influence local-government decision making?  
Would you say that you have great influence, moderate influence, a little influence, or no influence at all?

|                                |   |
|--------------------------------|---|
| Great influence .....          | 1 |
| Moderate influence .....       | 2 |
| A little influence .....       | 3 |
| No influence at all.....       | 4 |
| [DO NOT READ] Don't know ..... | 8 |
| [DO NOT READ] Refused .....    | 9 |

**Q7:**

Are you registered to vote?

|                                |   |
|--------------------------------|---|
| Yes .....                      | 1 |
| No .....                       | 2 |
| [DO NOT READ] Don't know ..... | 8 |
| [DO NOT READ] Refused .....    | 9 |

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**Q8:**

During the past 12 months, how often have you utilized arts and cultural resources within the area, such as concerts, museums or cultural events?

|                                |   |
|--------------------------------|---|
| Very often .....               | 1 |
| Fairly often .....             | 2 |
| Sometimes .....                | 3 |
| Almost never .....             | 4 |
| Never at all .....             | 5 |
| [DO NOT READ] Don't know ..... | 8 |
| [DO NOT READ] Refused .....    | 9 |

**Q9:**

Do you have access to a car when you need it? Would you say you have access...[READ LIST]

- Very often ..... 1
- Fairly often ..... 2
- Sometimes ..... 3
- Almost never ..... 4
- Never at all ..... 5
- [DO NOT READ] Don't know ..... 8
- [DO NOT READ] Refused ..... 9

**Q10:**

How long have you lived at your current address? Would that be... [READ LIST]

- Less than one year ..... 1
- At least one year but less than two years ..... 2
- At least two years but less than five years ..... 3
- At least five years but less than ten years ..... 4
- Ten years or more ..... 5
- [DO NOT READ] Don't know ..... 8
- [DO NOT READ] Refused ..... 9

**Q11:**

Do you own your home, rent, or something else?[DO NOT READ LIST]

- I own my home ..... 1
- I rent my home ..... 2
- I live with family or friends who own ..... 3
- I live with family or friends who rent ..... 4
- Other (specify) ..... 7
- [DO NOT READ] Refused ..... 9

**Q12:**

Do you live in a subsidized apartment or are you receiving rental assistance through either a state or federal program?

- Yes ..... 1
- No ..... 2
- [DO NOT READ] Don't know ..... 8
- [DO NOT READ] Refused ..... 9

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**Q13:**

When you think about your present residence, would you say you are very satisfied, somewhat satisfied, somewhat unsatisfied, or very unsatisfied with its affordability?

- Very satisfied ..... 1
- Somewhat satisfied ..... 2
- Somewhat unsatisfied ..... 3
- Very unsatisfied ..... 4
- [DO NOT READ] Don't know ..... 8
- [DO NOT READ] Refused ..... 9

**Q14:**

Thinking ahead 10 years from now, do you think that you will be living in the exact same house or apartment that you live in now or not?

- Yes ..... 1
- No ..... 2
- [DO NOT READ] Don't know ..... 8
- [DO NOT READ] Refused ..... 9

**Q15:**

10 years from now, do you think that you will own a home, rent an apartment, or be living in some other setting?

- Own a home ..... 1
- Rent an apartment ..... 2
- Live with family or friends who own ..... 3
- Live with family or friends who rent ..... 4
- Nursing home or institution ..... 5
- Other (specify) ..... 7
- [DO NOT READ] Refused ..... 9

**Q16:**

When do you think you will be in the market to purchase a home?

- Less than one year from now ..... 1
- At least one year but less than two years ..... 2
- At least two years but less than five years ..... 3
- At least five years but less than ten years ..... 4
- Ten years or more ..... 5
- Never in my lifetime ..... 6
- [DO NOT READ] Don't know ..... 8
- [DO NOT READ] Refused ..... 9

**Q17KEY:**

The next group of questions is about your neighborhood, that is, the area around your home that you could walk to in 10 or 15 minutes or that area you consider to be your neighborhood.

How much do you agree or disagree with each of the following statements about your neighborhood? Do you strongly agree, somewhat agree, somewhat disagree or strongly disagree?

- Continue ..... 1

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**Q17A:**

Many stores, banks, markets or places to go are within easy walking distance of my home.[IF NEEDED: Do you strongly agree, somewhat agree, somewhat disagree or strongly disagree?]

- Strongly agree ..... 1
- Somewhat agree ..... 2
- Somewhat disagree ..... 3
- Strongly disagree ..... 4
- [DO NOT READ] Don't know ..... 8
- [DO NOT READ] Refused ..... 9

**Q17B:**

There are safe sidewalks and crosswalks on most of the streets in my neighborhood.[IF NEEDED: Do you strongly agree, somewhat agree, somewhat disagree or strongly disagree?]

- Strongly agree ..... 1
- Somewhat agree ..... 2
- Somewhat disagree ..... 3
- Strongly disagree ..... 4
- [DO NOT READ] Don't know ..... 8
- [DO NOT READ] Refused ..... 9

**Q17C:**

There are places to bicycle in or near my neighborhood that are safe from traffic, such as on the street or on special lanes, separate paths or trails.[IF NEEDED: Do you strongly agree, somewhat agree, somewhat disagree or strongly disagree?]

- Strongly agree ..... 1
- Somewhat agree ..... 2
- Somewhat disagree ..... 3
- Strongly disagree ..... 4
- [DO NOT READ] Don't know ..... 8
- [DO NOT READ] Refused ..... 9

**Q17E:**

My neighborhood has several free or low cost recreation facilities such as parks, playgrounds, public swimming pools, etc.[IF NEEDED: Do you strongly agree, somewhat agree, somewhat disagree or strongly disagree?]

- Strongly agree ..... 1
- Somewhat agree ..... 2
- Somewhat disagree ..... 3
- Strongly disagree ..... 4
- [DO NOT READ] Don't know ..... 8
- [DO NOT READ] Refused ..... 9

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**Q17F:**

I do not feel safe to go on walks in my neighborhood at night.[IF NEEDED: Do you strongly agree, somewhat agree, somewhat disagree or strongly disagree?]

- Strongly agree ..... 1
- Somewhat agree ..... 2
- Somewhat disagree ..... 3
- Strongly disagree ..... 4
- [DO NOT READ] Don't know ..... 8
- [DO NOT READ] Refused ..... 9

**Q17G:**

People in this neighborhood can be trusted.[IF NEEDED: Do you strongly agree, somewhat agree, somewhat disagree or strongly disagree?]

- Strongly agree ..... 1
- Somewhat agree ..... 2
- Somewhat disagree ..... 3
- Strongly disagree ..... 4
- [DO NOT READ] Don't know ..... 8
- [DO NOT READ] Refused ..... 9

**Q17H:**

Children and youth in my town generally have the positive role models they need around here. [IF NEEDED: Do you strongly agree, somewhat agree, somewhat disagree or strongly disagree?]

- Strongly agree ..... 1
- Somewhat agree ..... 2
- Somewhat disagree ..... 3
- Strongly disagree ..... 4
- [DO NOT READ] Don't know ..... 8
- [DO NOT READ] Refused ..... 9

**Q18:**

If the fire station closest to your home was going to be closed down by your city or town, How likely is it that neighborhood residents would organize to try to do something to keep the fire station open?

- Very likely ..... 1
- Somewhat likely ..... 2
- Not very likely ..... 3
- Not at all likely ..... 4
- [DO NOT READ] Don't know ..... 8
- [DO NOT READ] Refused ..... 9

2015DataHaven 2015/05/05 15:45 9

**Q19:**

The next set of questions are about your health. How would you rate your overall health, would you say your health is excellent, very good, good, fair or poor?

- Excellent ..... 1
- Very good ..... 2
- Good ..... 3
- Fair ..... 4
- Poor ..... 5
- [DO NOT READ] Don't know ..... 8
- [DO NOT READ] Refused ..... 9

**Q20:**

Overall, how satisfied are you with your life nowadays? [READ LIST]

- Not at all satisfied ..... 1
- Only a little bit satisfied ..... 2
- Somewhat satisfied ..... 3
- Mostly satisfied ..... 4
- Completely satisfied ..... 5
- [DO NOT READ] Don't know ..... 8
- [DO NOT READ] Refused ..... 9

**Q21:**

Overall, how happy did you feel yesterday? [READ LIST]

- Not at all ..... 1
- Only a little bit ..... 2

|                                |   |
|--------------------------------|---|
| Somewhat .....                 | 3 |
| Mostly .....                   | 4 |
| Completely .....               | 5 |
| [DO NOT READ] Don't know ..... | 8 |
| [DO NOT READ] Refused .....    | 9 |

**Q22:**

Overall, how anxious did you feel yesterday?

|                                |   |
|--------------------------------|---|
| Not at all .....               | 1 |
| Only a little bit .....        | 2 |
| Somewhat .....                 | 3 |
| Mostly .....                   | 4 |
| Completely .....               | 5 |
| [DO NOT READ] Don't know ..... | 8 |
| [DO NOT READ] Refused .....    | 9 |

**Q23:**

Overall, to what extent do you have the time you need to do things that you really enjoy?

|                                |   |
|--------------------------------|---|
| Not at all .....               | 1 |
| Only a little bit .....        | 2 |
| Somewhat .....                 | 3 |
| Mostly .....                   | 4 |
| Completely .....               | 5 |
| [DO NOT READ] Don't know ..... | 8 |
| [DO NOT READ] Refused .....    | 9 |

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**Q23KEY:**

Have you ever been told by a doctor or health professional that you have any of the following conditions?

|                |   |
|----------------|---|
| Continue ..... | 1 |
|----------------|---|

**Q23A:**

High blood pressure or hypertension[IF NEEDED: Have you ever been told by a doctor or health professional that you have this?]

|                                |   |
|--------------------------------|---|
| Yes .....                      | 1 |
| No .....                       | 2 |
| [DO NOT READ] Don't know ..... | 8 |
| [DO NOT READ] Refused .....    | 9 |

**Q23B:**

High cholesterol[IF NEEDED: Have you ever been told by a doctor or health professional that you have this?]

|                                |   |
|--------------------------------|---|
| Yes .....                      | 1 |
| No .....                       | 2 |
| [DO NOT READ] Don't know ..... | 8 |
| [DO NOT READ] Refused .....    | 9 |

**Q23C:**

Diabetes[IF NEEDED: Have you ever been told by a doctor or health professional that you have this?]

|                                |   |
|--------------------------------|---|
| Yes .....                      | 1 |
| No .....                       | 2 |
| [DO NOT READ] Don't know ..... | 8 |
| [DO NOT READ] Refused .....    | 9 |

**Q23C1:**

A test of 'A one C' measures the average level of blood sugar over the past three months.

About how many times in the past 12 months has a doctor, nurse, or other health professional checked you for 'A one C'?[INTERVIEWER: Enter number in box at bottom of screen. If

"None" enter 0]

|                                       |    |
|---------------------------------------|----|
| [DO NOT READ] Never heard of it ..... | 97 |
| [DO NOT READ] Don't know .....        | 98 |
| [DO NOT READ] Refused .....           | 99 |

**Q23D:**

Heart disease or have you ever had a heart attack[IF NEEDED: Have you ever been told by a doctor or health professional that you have this?]

Yes ..... 1  
No ..... 2  
[DO NOT READ] Don't know ..... 8  
[DO NOT READ] Refused ..... 9

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**Q23E:**

Asthma[IF NEEDED: Have you ever been told by a doctor or health professional that you have this?]

Yes ..... 1  
No ..... 2  
[DO NOT READ] Don't know ..... 8  
[DO NOT READ] Refused ..... 9

**Q23E1:**

During the past 30 days, how often have you used a prescription asthma inhaler during an asthma attack to stop it? [IF NEEDED: Number of times does not equal number of puffs. Two or three puffs are usually taken each time the inhaler is used.]

Never (no attacks in the last 30 days) ..... 1  
Once a week or less ..... 2  
Twice a week ..... 3  
3 to 6 times a week ..... 4  
Once a day ..... 5  
More than once a day ..... 6  
[DO NOT READ] Don't know ..... 8  
[DO NOT READ] Refused ..... 9

**Q23F:**

That you experienced a Stroke[IF NEEDED: Have you ever been told by a doctor or health professional that you have this?]

Yes ..... 1  
No ..... 2  
[DO NOT READ] Don't know ..... 8  
[DO NOT READ] Refused ..... 9

**Q24:**

How much do you weigh in pounds? [INTERVIEWER: Enter number in box at bottom of screen][IF NEEDED: If you're currently pregnant, how much did you weigh before your pregnancy?][IF NEEDED: Your best estimate is fine.]

[DO NOT READ] Don't know ..... 998  
[DO NOT READ] Refused ..... 999

**Q25:**

How tall are you in inches?[INTERVIEWER: Enter height IN INCHES in box at bottom of screen][IF NEEDED: Your best estimate is fine.]4'7" 55in4'8" 56in4'9" 57in4'10"

58in4'11" 59in5'0" 60in 5'1" 61in 5'2" 62in 5'3" 63in 5'4" 64in 5'5"  
65in 5'6" 66in 5'7" 67in 5'8" 68in 5'9" 69in 5'10" 70in 5'11" 71in 6'0"  
72in 6'1" 73in 6'2" 74in 6'3" 75in 6'4" 76in 6'5" 77in 6'6" 78in  
6'7" 79in 6'8" 80in 6'9" 81in 6'10" 82in 6'11" 83in 7'0" 84in  
[DO NOT READ] Don't know ..... 998  
[DO NOT READ] Refused ..... 999

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**Q26:**

Do you have health insurance?

Yes ..... 1  
No ..... 2  
[DO NOT READ] Don't know ..... 8  
[DO NOT READ] Refused ..... 9

**Q27:**

What type of health insurance do you have?[Indicate Yes or No to each]

Insurance obtained through a current or former employer or union [IF NEEDED: Of you or a family member] ..... 01

Insurance purchased directly from an insurance company [IF NEEDED: By you or a family member] 02  
.....

Medicare [IF NEEDED: For people 65 and older, or people with certain disabilities] 03

|   |    |
|---|----|
| Medicaid, Medical Assistance, HUSKY or any kind of government-assistance plan [IF NEEDED: For those with low incomes or a disability] ..... | 04 |
| Any other type of health insurance plan (Specify) .....   | 97 |
| [DO NOT READ] Don't know .....  | 98 |
| [DO NOT READ] Refused .....   | 99 |

**Q28:**

During the past 12 months, was there any time when you didn't get the medical care you needed?

|                                |   |
|--------------------------------|---|
| Yes .....                      | 1 |
| No .....                       | 2 |
| [DO NOT READ] Don't know ..... | 8 |
| [DO NOT READ] Refused .....    | 9 |

**Q29:**

And was there any time during the past 12 months when you put off or postponed getting medical care you thought you needed?

|                                |   |
|--------------------------------|---|
| Yes .....                      | 1 |
| No .....                       | 2 |
| [DO NOT READ] Don't know ..... | 8 |
| [DO NOT READ] Refused .....    | 9 |

**Q30KEY:**

Did you not get the medical care you needed or have delays getting medical care you needed for any of the following reasons?

|                |   |
|----------------|---|
| Continue ..... | 1 |
|----------------|---|

**Q30A:**

You were worried about the cost[IF NEEDED: Did you not get the medical care you needed or have delays getting medical care you needed for any of the following reasons?]

|                                |   |
|--------------------------------|---|
| Yes .....                      | 1 |
| No .....                       | 2 |
| [DO NOT READ] Don't know ..... | 8 |
| [DO NOT READ] Refused .....    | 9 |

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**Q30B:**

The doctor or hospital wouldn't accept your health insurance[IF NEEDED: Did you not get the medical care you needed or have delays getting medical care you needed for any of the following reasons?]

|                                |   |
|--------------------------------|---|
| Yes .....                      | 1 |
| No .....                       | 2 |
| [DO NOT READ] Don't know ..... | 8 |
| [DO NOT READ] Refused .....    | 9 |

**Q30C:**

Your health plan wouldn't pay for the treatment[IF NEEDED: Did you not get the medical care you needed or have delays getting medical care you needed for any of the following reasons?]

|                                |   |
|--------------------------------|---|
| Yes .....                      | 1 |
| No .....                       | 2 |
| [DO NOT READ] Don't know ..... | 8 |
| [DO NOT READ] Refused .....    | 9 |

**Q30D:**

You couldn't get an appointment soon enough[IF NEEDED: Did you not get the medical care you needed or have delays getting medical care you needed for any of the following reasons?]

|                                |   |
|--------------------------------|---|
| Yes .....                      | 1 |
| No .....                       | 2 |
| [DO NOT READ] Don't know ..... | 8 |
| [DO NOT READ] Refused .....    | 9 |

**Q30E:**

You couldn't get there when the doctor's office or clinic was open[IF NEEDED: Did you not get the medical care you needed or have delays getting medical care you needed for any of the following reasons?]

- Yes ..... 1
- No ..... 2
- [DO NOT READ] Don't know ..... 8
- [DO NOT READ] Refused ..... 9

**Q30F:**

You were too busy with work or other commitments to take the time[IF NEEDED: Did you not get the medical care you needed or have delays getting medical care you needed for any of the following reasons?]

- Yes ..... 1
- No ..... 2
- [DO NOT READ] Don't know ..... 8
- [DO NOT READ] Refused ..... 9

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**Q30G:**

You didn't think the problem was serious enough[IF NEEDED: Did you not get the medical care you needed or have delays getting medical care you needed for any of the following reasons?]

- Yes ..... 1
- No ..... 2
- [DO NOT READ] Don't know ..... 8
- [DO NOT READ] Refused ..... 9

**Q30O:**

Any other reason?[IF NEEDED: Did you not get the medical care you needed or have delays getting medical care you needed for any of the following reasons?]

- Other (specify) ..... 1
- No ..... 2
- [DO NOT READ] Don't know ..... 8
- [DO NOT READ] Refused ..... 9

**Q31:**

During the past 12 months, was there any time you needed prescription medicines but didn't get them because you couldn't afford it?

- Yes ..... 1
- No ..... 2
- [DO NOT READ] Don't know ..... 8
- [DO NOT READ] Refused ..... 9

**Q32:**

Do you have one person or place you think of as your personal doctor or health care provider?

- Yes ..... 1
- No ..... 2
- [DO NOT READ] Don't know ..... 8
- [DO NOT READ] Refused ..... 9

**Q33:**

Is that because you have more than one personal doctor, or none at all?

- More than one ..... 1
- None at all ..... 2
- [DO NOT READ] Don't know ..... 8
- [DO NOT READ] Refused ..... 9

**Q34:**

In the past 12 months, how many times did you receive care in a hospital emergency room?

- None ..... 1
- 1 to 2 ..... 2
- 3 or more..... 3
- [DO NOT READ] Don't know ..... 8
- [DO NOT READ] Refused ..... 9

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**Q35:**

When was the last time you were seen by a dentist, was it..

- Within the last 6 months ..... 1
- More than 6 months but less than a year ..... 2
- More than a year but less than two years ..... 3



|                                    |   |
|------------------------------------|---|
| More than two years ago .....      | 4 |
| Never have gone to a dentist ..... | 5 |
| [DO NOT READ] Don't know .....     | 8 |
| [DO NOT READ] Refused .....        | 9 |

**Q36:**

During the last month, how often have you been bothered by feeling down, depressed, or hopeless? Would you say...

|                                |   |
|--------------------------------|---|
| Never .....                    | 1 |
| Almost never .....             | 2 |
| Sometimes .....                | 3 |
| Fairly often .....             | 4 |
| Very often .....               | 5 |
| [DO NOT READ] Don't know ..... | 8 |
| [DO NOT READ] Refused .....    | 9 |

**Q37:**

Do you have relatives or friends who you can count on to help you when you need them or not?

|                                |   |
|--------------------------------|---|
| Yes .....                      | 1 |
| No .....                       | 2 |
| [DO NOT READ] Don't know ..... | 8 |
| [DO NOT READ] Refused .....    | 9 |

**Q38:**

In an average week, how many days per week do you exercise?[IF NEEDED: moderate physical activity or exercise for a total of 30 minutes or more]

|                                |   |
|--------------------------------|---|
| None .....                     | 0 |
| One .....                      | 1 |
| Two .....                      | 2 |
| Three .....                    | 3 |
| Four .....                     | 4 |
| Five .....                     | 5 |
| Six .....                      | 6 |
| Seven .....                    | 7 |
| [DO NOT READ] Don't know ..... | 8 |
| [DO NOT READ] Refused .....    | 9 |

**Q38NEW:**

In the past 12 months, have you ever felt like you needed to cut down on your drinking or drug use?

|                                |   |
|--------------------------------|---|
| Yes .....                      | 1 |
| No .....                       | 2 |
| [DO NOT READ] Don't know ..... | 8 |
| [DO NOT READ] Refused .....    | 9 |

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**Q39:**

Have you smoked at least 100 cigarettes in your entire life? [100 cigarettes = approximately 5 packs]

|                                |   |
|--------------------------------|---|
| Yes .....                      | 1 |
| No .....                       | 2 |
| [DO NOT READ] Don't know ..... | 8 |
| [DO NOT READ] Refused .....    | 9 |

**Q40:**

Do you currently smoke cigarettes every day, some days or not at all?

|                                |   |
|--------------------------------|---|
| Every day .....                | 1 |
| Some days .....                | 2 |
| Not at all .....               | 3 |
| [DO NOT READ] Don't know ..... | 8 |
| [DO NOT READ] Refused .....    | 9 |

**Q41:**

During the past 12 months, have you stopped smoking cigarettes for 24 hours or longer because you were trying to quit?

|           |   |
|-----------|---|
| Yes ..... | 1 |
| No .....  | 2 |

[DO NOT READ] Don't know ..... 8  
[DO NOT READ] Refused ..... 9

**Q42:**

Have you ever tried using vapor or vape pens, electronic cigarettes or E-cigarettes (such as blu, Vuse), even just one time in your entire life?

Yes ..... 1  
No ..... 2  
[DO NOT READ] Don't know ..... 8  
[DO NOT READ] Refused ..... 9

**Q43:**

During the past 30 days, on how many days did you use these?[INTERVIEWER: Enter number in box at bottom of screen]

[DO NOT READ] Don't know ..... 98  
[DO NOT READ] Refused ..... 99

**Q44:**

How well would you say you are managing financially these days? Would you say you are...

Living comfortably ..... 1  
Doing alright ..... 2  
Just getting by ..... 3  
Finding it difficult ..... 4  
Finding it very difficult ..... 5  
[DO NOT READ] Don't know ..... 8  
[DO NOT READ] Refused ..... 9

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**Q45:**

Think of your parents when they were your age. Would you say you are better off financially than they were or not?

Better off ..... 1  
Not ..... 2  
[DO NOT READ] Same ..... 3  
[DO NOT READ] Don't know ..... 8  
[DO NOT READ] Refused ..... 9

**Q46:**

If you lost all your current sources of household income, including your paycheck, public assistance, or other forms of income, about how long do you think you could continue to live as you live today?

Less than a month ..... 1  
At least one month but less than 2 ..... 2  
At least 2 months but less than 6 ..... 3  
At least 6 months but less than a year ..... 4  
At least a year but less than 2 years ..... 5  
Two years or more ..... 6  
[DO NOT READ] Don't know ..... 8  
[DO NOT READ] Refused ..... 9

**Q47:**

Have you had a paid job in the last 30 days?

Yes ..... 01  
No, but would like to work ..... 02  
No, retired ..... 03  
No, homemaker ..... 04  
No, full time student ..... 05  
No, disabled ..... 06  
No, other (specify) ..... 07  
[DO NOT READ] Refused ..... 99

**Q48:**

For how long have you not had a paid job?

Less than 6 months ..... 1  
At least 6 months but less than a year ..... 2  
1 to 2 years ..... 3  
2 to 4 years ..... 4

|   |   |
|---|---|
| 5 or more years .....                     | 5 |
| Have never had a job in my lifetime ..... | 6 |
| [DO NOT READ] Refused .....               | 9 |

**Q49:**

During this time, has your job been full time or part time?

|                                     |   |
|-------------------------------------|---|
| Full time .....                     | 1 |
| Part time.....                      | 2 |
| [DO NOT READ] Other (specify) ..... | 3 |
| [DO NOT READ] Refused .....         | 9 |

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**Q50:**

Are you working part-time by choice, or would you rather have a full-time job?

|                                   |   |
|-----------------------------------|---|
| By choice .....                   | 1 |
| Rather have a full time job ..... | 2 |
| [DO NOT READ] Refused .....       | 9 |

**Q51:**

In total, how many hours per week do you work at paying jobs?[INTERVIEWER: Enter number in box at bottom of screen][Enter 150 for 150 hours or more]

|                             |     |
|-----------------------------|-----|
| [DO NOT READ] Refused ..... | 999 |
|-----------------------------|-----|

**Q52:**

Over the past 5 years, was there ever a time when you were out of work and looking for a job?

|                                |   |
|--------------------------------|---|
| Yes .....                      | 1 |
| No .....                       | 2 |
| [DO NOT READ] Don't know ..... | 8 |
| [DO NOT READ] Refused .....    | 9 |

**Q53:**

Does your current job pay more, less, or about the same as your last job?

|                                |   |
|--------------------------------|---|
| More .....                     | 1 |
| Less .....                     | 2 |
| About the same .....           | 3 |
| [DO NOT READ] Don't know ..... | 8 |
| [DO NOT READ] Refused .....    | 9 |

**Q54:**

Do you feel you have both the education and training necessary to get ahead in your job or career, OR do you need either more education or training?

|   |   |
|---|---|
| Have necessary education and training ..... | 1 |
| Need more .....                             | 2 |
| [DO NOT READ] Don't know .....              | 8 |
| [DO NOT READ] Refused .....                 | 9 |

**Q55:**

Do you feel you have both the education and training necessary to get the kind of job you want, or do you need either more education or training?

|   |   |
|---|---|
| Have necessary education and training ..... | 1 |
| Need more .....                             | 2 |
| [DO NOT READ] Don't know .....              | 8 |
| [DO NOT READ] Refused .....                 | 9 |

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**Q56:**

What is your primary means of transportation to work, school, or the place where you spend most of your time outside of home?

|  |    |
|--|----|
| Drive myself .....                                       | 01 |
| Get a ride with friends or family .....                  | 02 |
| Public bus system .....                                  | 03 |
| Train or railroad .....                                  | 04 |
| Walk .....   | 05 |
| Bicycle .....  | 06 |
| Take a taxi .....  | 07 |
| [DO NOT READ] Ride paratransit .....                     | 08 |
| [DO NOT READ] Other (specify) .....                      | 96 |
| [DO NOT READ] I took no trips last month/Homebound ..... | 97 |

[DO NOT READ] Don't know ..... 98  
[DO NOT READ] Refused ..... 99

**Q56NEW:**

How many minutes does it usually take to get from home to work one way?[IF NEEDED: On average][Enter number in box at bottom of screen][If work from home, enter 0][Enter 500 for 500 minutes or greater]

[DO NOT READ] Refused ..... 999

**Q57:**

What is your marital status?

Single, never married ..... 1  
Married or civil union ..... 2  
Living with partner ..... 3  
Separated ..... 4  
Divorced ..... 5  
Widowed..... 6  
[DO NOT READ] Refused ..... 9

**Q58:**

How many children under the age of 18 are living in household?

[DO NOT READ] Refused ..... 99

**Q59:**

How many children living in the household have not yet started Kindergarten?

[DO NOT READ] Refused ..... 99

**Q60:**

What is the number of adults, 18 and older (including yourself) living in the household?

One ..... 1  
Two ..... 2  
Three ..... 3  
Four or more ..... 4  
[DO NOT READ] Refused ..... 9

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**CELLLL:**

Is there at least one telephone INSIDE your home that is currently working and is not a cell phone?

No (Landline Only) ..... 1  
Yes ..... 2  
No ..... 3  
[DO NOT READ] Refused ..... 9

**LLCELL:**

Do you have a working cell phone?

Yes ..... 2  
No ..... 1  
No (Cell Phone Only) ..... 3  
[DO NOT READ] Refused ..... 9

**Q61:**

Which of these devices do you have?[INTERVIEWER: Read each choice and get a Yes or No for each]

A computer or tablet with internet access ..... 1  
A smartphone ..... 2  
A cell phone with text and calling only but no internet ..... 3  
None of the above ..... 4  
[DO NOT READ] Refused ..... 9

**Q62KEY:**

I'm going to read a list of things that you may or may not have experienced in the past 12 months, that is, since <month> 2014. Please let me know if any of these things happened to you, or not.

Continue ..... 1

**Q62:**

Have there been times in the past 12 months when you did not have enough money to buy food that you or your family needed?

Yes ..... 1

No ..... 2  
[DO NOT READ] Don't know ..... 8  
[DO NOT READ] Refused ..... 9

**Q63:**

How often did this happen - almost every month, some months but not every month, or in only 1 or 2 months?

Almost every month ..... 1  
Some months but not every month ..... 2  
Only 1 or 2 months ..... 3  
[DO NOT READ] Don't know ..... 8  
[DO NOT READ] Refused ..... 9

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**Q64:**

In the last 12 months, have you not had enough money to provide adequate shelter or housing for you or your family?

Yes ..... 1  
No ..... 2  
[DO NOT READ] Don't know ..... 8  
[DO NOT READ] Refused ..... 9

**Q65:**

In the past 12 months, did you stay home when you needed or wanted to go someplace because you had no access to reliable transportation?

Yes ..... 1  
No ..... 2  
[DO NOT READ] Don't know ..... 8  
[DO NOT READ] Refused ..... 9

**Q66:**

In the last 12 months, have you held a checking or savings account?

Yes ..... 1  
No ..... 2  
[DO NOT READ] Don't know ..... 8  
[DO NOT READ] Refused ..... 9

**Q67:**

In the last 12 months, have you obtained any of the following financial products from somewhere that wasn't a bank, such as a money order, check cashing, refund anticipation loans, rent-to-own services, pawn shop loans, or auto title loans?

Yes ..... 1  
No ..... 2  
[DO NOT READ] Don't know ..... 8  
[DO NOT READ] Refused ..... 9

**Q68:**

In the past 12 months, have you had anyone deliberately vandalize, try to steal, or steal any property that you own, or anyone attempt to break into your home?[IF NEEDED: Include acts which may or may not have been reported to the police.]

Yes ..... 1  
No ..... 2  
[DO NOT READ] Don't know ..... 8  
[DO NOT READ] Refused ..... 9

**Q69:**

In the past 12 months, have you had an experience in which someone attacked you, tried to take something from you by force, or physically threatened you? [IF NEEDED: Include acts which may or may not have been reported to the police.]

Yes ..... 1  
No ..... 2  
[DO NOT READ] Don't know ..... 8  
[DO NOT READ] Refused ..... 9

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**Q70:**

How many times did this happen to you in the last 12 months?[INTERVIEWER: Enter number in box at bottom of screen]

[DO NOT READ] Refused ..... 999

**Q71:**

Were you physically injured in any way? [if more than one incident: in any of these incidents?]

Yes ..... 1  
No ..... 2  
[DO NOT READ] Don't know ..... 8  
[DO NOT READ] Refused ..... 9

**Q72:**

Did you receive medical attention from a doctor or nurse for any of these injuries?

Yes ..... 1  
No ..... 2  
[DO NOT READ] Don't know ..... 8  
[DO NOT READ] Refused ..... 9

**Q73:**

Did it get reported to the police in any way?[IF NEEDED:Think of the most serious incident]

Yes ..... 1  
No ..... 2  
[DO NOT READ] Don't know ..... 8  
[DO NOT READ] Refused ..... 9

**Q74:**

Did the police take any actions, such as visiting the scene, making a report, looking for a suspect, filing any charges, making an arrest, or other actions?

Yes ..... 1  
No ..... 2  
[DO NOT READ] Don't know ..... 8  
[DO NOT READ] Refused ..... 9

**Q75:**

What actions were taken?

[DO NOT READ] Visited the scene..... 01  
[DO NOT READ] Made a report ..... 02  
[DO NOT READ] Looked for suspect ..... 03  
[DO NOT READ] Filed charges ..... 04  
[DO NOT READ] Made an arrest ..... 05  
[DO NOT READ] Other (specify) ..... 97

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**Q76:**

How satisfied were you with the actions that the police took?

Very satisfied ..... 1  
Somewhat satisfied ..... 2  
Somewhat unsatisfied ..... 3  
Very unsatisfied ..... 4  
[DO NOT READ] Don't know ..... 8  
[DO NOT READ] Refused ..... 9

**Q77NEW:**

Thinking of any of the experiences in which you were attacked or threatened, did any of them involve someone that you know or work with?

Yes ..... 1  
No ..... 2  
[DO NOT READ] Don't know ..... 8  
[DO NOT READ] Refused ..... 9

**Q77:**

Is English the primary language spoken in your home?

Yes ..... 1  
No ..... 2  
[DO NOT READ] Refused ..... 9

**Q78:**

What language is the primary language spoken in your home?[DO NOT READ LIST]

Spanish ..... 01  
Chinese (Cantonese, Mandarin) ..... 02

|                       |    |
|-----------------------|----|
| French .....          | 03 |
| German .....          | 04 |
| Tagalog .....         | 05 |
| Vietnamese .....      | 06 |
| Italian .....         | 07 |
| Korean .....          | 08 |
| Russian .....         | 09 |
| Polish .....          | 10 |
| Arabic .....          | 11 |
| Portuguese .....      | 12 |
| Japanese .....        | 13 |
| Other (specify) ..... | 97 |
| Refused .....         | 99 |

**Q79:**

Were you born in United States?

|                             |   |
|-----------------------------|---|
| Yes .....                   | 1 |
| No .....                    | 2 |
| [DO NOT READ] Refused ..... | 9 |

**Q79NEW:**

Many people in our community that we have talked to today are not currently U.S. citizens. Some have green cards, some have visas, and others don't. I assure you that we do not have

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any relationship with U.S. authorities. Your identity will never be revealed, this is for research purposes only. Are you...

|   |   |
|---|---|
| A naturalized U.S. citizen .....                                | 1 |
| A legal permanent resident or green card holder .....           | 2 |
| Not a permanent resident but have some other type of visa ..... | 3 |
| None of these .....   | 4 |
| [DO NOT READ] Don't know .....                                  | 8 |
| [DO NOT READ] Refused .....                                     | 9 |

**Q80:**

How many years have you lived in the United States?[INTERVIEWER: If less than a year, enter 1]

|                             |     |
|-----------------------------|-----|
| [DO NOT READ] Refused ..... | 999 |
|-----------------------------|-----|

**HISP:**

Do you consider yourself to be Hispanic or Latino - that is, a person of Cuban, Mexican, Puerto Rican, South or Central American descent, or of other Spanish culture or origin?

|                             |   |
|-----------------------------|---|
| Yes .....                   | 1 |
| No .....                    | 2 |
| [DO NOT READ] Refused ..... | 9 |

**RACE:**

Please tell me which one or more of the following you would use to describe yourself?[IF "Biracial" or "Multi-racial" ask: "What races would that be?"]

|  |   |
|--|---|
| White .....  | 1 |
| Black or African American .....                    | 2 |
| Asian .....  | 4 |
| American Indian or Alaska Native .....             | 5 |
| Native Hawaiian or other Pacific Islander .....    | 6 |
| [DO NOT READ] Other/Something else (specify) ..... | 7 |
| [DO NOT READ] Refused .....                        | 9 |

**RACER:**

Race Combined

|  |   |
|--|---|
| Caucasian/White .....                              | 1 |
| African American/Black .....                       | 2 |
| Hispanic/Latino .....                              | 3 |
| Asian .....  | 4 |
| American Indian or Alaska Native .....             | 5 |
| Native Hawaiian or other Pacific Islander .....    | 6 |
| [DO NOT READ] Other/Something else (specify) ..... | 7 |
| [DO NOT READ] Refused .....                        | 9 |

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**EDUC:**

What is the highest level of education you have completed?

- No formal schooling ..... 1
- Grade school completed ..... 2
- Some secondary school ..... 3
- High school or GED completed ..... 4
- Some college or Associate's degree completed ..... 5
- Bachelor's completed ..... 6
- Some or completed post-graduate degree ..... 7
- [DO NOT READ] Refused ..... 9

**BYR1:**

*BIRTHYR1.*

- Records 19
- ..... 19

**BYR2:**

In what year were you born?INTERVIEWER: ENTER THE LAST TWO DIGITS OF THE RESPONDENT'S BIRTH YEAR IN BOX AT BOTTOM OF SCREEN01 = BORN IN 1901 OR EARLIER[IF NEEDED: This is just used to compute your age.]

- REFUSAL ..... RF

**AGE:**

*AGE.*

**AGER:**

AGE GROUPED

- 18 to 34 ..... 1
- 35 to 49 ..... 2
- 50 to 64 ..... 3
- 65 and older ..... 4
- [DO NOT READ] Refused ..... 9

**AGESNY:**

AGE GROUPED - SNY

- 18 to 34 ..... 1
- 35 to 54 ..... 2
- 55 and older ..... 3
- [DO NOT READ] Refused ..... 9

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**INCOME:**

Which of the following general income categories is your total household income before taxes?[IF NEEDED: "I just want to remind you that you are completely anonymous. We only use this information in aggregate form to ensure we have a representative group of people."]

- Less than \$15,000 ..... 1
- Between \$15,000 and \$30,000 ..... 2
- Between \$30,000 and \$50,000 ..... 3
- Between \$50,000 and \$75,000 ..... 4
- Between \$75,000 and \$100,000 ..... 5
- Between \$100,000 and \$200,000 ..... 6
- Or over \$200,000 ..... 7
- [DO NOT READ] Refused ..... 9

**INTSEC:**

What is the closest street intersection to your home?

- Record ..... 97

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**NHOOD:**

What is the name of the neighborhood you live in? [DO NOT READ LIST]

- Amity ..... 01
- Annex ..... 02
- Beaver Hills ..... 03
- Bishop Woods ..... 04
- Brookside ..... 05
- Cedar Hill ..... 06



|                                     |    |
|-------------------------------------|----|
| Chatham Square .....                | 07 |
| Church Street South .....           | 08 |
| City Point .....                    | 09 |
| Dixwell .....                       | 10 |
| Downtown New Haven .....            | 11 |
| Dwight .....                        | 12 |
| East Rock .....                     | 13 |
| East Shore .....                    | 14 |
| Edgewood .....                      | 15 |
| Fair Haven .....                    | 16 |
| Fair Haven Heights .....            | 17 |
| Farnam Courts .....                 | 18 |
| Goatville .....                     | 19 |
| Hill .....                          | 20 |
| Jocelyn Square .....                | 21 |
| Kimberly Square .....               | 22 |
| Long Wharf .....                    | 23 |
| Mill River .....                    | 24 |
| Morris Cove .....                   | 25 |
| New Haven Green or Town Green ..... | 26 |
| Newhallville .....                  | 27 |
| Oyster Point .....                  | 28 |
| Prospect Hill .....                 | 29 |
| Quinnipiac Meadows .....            | 30 |
| Quinnipiac River District .....     | 31 |
| Ronan-Edgehill .....                | 32 |
| Science Park .....                  | 33 |
| Trowbridge Square .....             | 34 |
| Upper State .....                   | 35 |
| West Chapel or Chapel West .....    | 36 |
| West Hills .....                    | 37 |
| West River .....                    | 38 |
| West Rock .....                     | 39 |
| Westville .....                     | 40 |
| Whalley District .....              | 41 |
| Winchester .....                    | 42 |
| Wooster Square .....                | 43 |
| Yale Main Campus .....              | 44 |
| Yale Medical Campus .....           | 45 |
| Don't know .....                    | 98 |
| Refused .....                       | 99 |

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**NHOODINT:**

What is the closest major street intersection near your house? (Street 1, Street 2)

|                           |    |
|---------------------------|----|
| Amity .....               | 01 |
| Annex .....               | 02 |
| Beaver Hills .....        | 03 |
| Bishop Woods .....        | 04 |
| Brookside .....           | 05 |
| Cedar Hill .....          | 06 |
| Chatham Square .....      | 07 |
| Church Street South ..... | 08 |
| City Point .....          | 09 |
| Dixwell .....             | 10 |
| Downtown New Haven .....  | 11 |
| Dwight .....              | 12 |
| East Rock .....           | 13 |
| East Shore .....          | 14 |
| Edgewood .....            | 15 |
| Fair Haven .....          | 16 |
| Fair Haven Heights .....  | 17 |
| Farnam Courts .....       | 18 |

|                                     |    |
|-------------------------------------|----|
| Goatville .....                     | 19 |
| Hill .....                          | 20 |
| Jocelyn Square .....                | 21 |
| Kimberly Square .....               | 22 |
| Long Wharf .....                    | 23 |
| Mill River .....                    | 24 |
| Morris Cove .....                   | 25 |
| New Haven Green or Town Green ..... | 26 |
| Newhallville .....                  | 27 |
| Oyster Point .....                  | 28 |
| Prospect Hill .....                 | 29 |
| Quinnipiac Meadows .....            | 30 |
| Quinnipiac River District .....     | 31 |
| Ronan-Edgehill .....                | 32 |
| Science Park .....                  | 33 |
| Trowbridge Square .....             | 34 |
| Upper State .....                   | 35 |
| West Chapel or Chapel West .....    | 36 |
| West Hills .....                    | 37 |
| West River .....                    | 38 |
| West Rock .....                     | 39 |
| Westville .....                     | 40 |
| Whalley District .....              | 41 |
| Winchester .....                    | 42 |
| Wooster Square .....                | 43 |
| Yale Main Campus .....              | 44 |
| Yale Medical Campus .....           | 45 |
| Specify Street 1 and Street 2 ..... | 98 |
| Refused .....                       | 99 |

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**GENDER:**

Thank you for your time. IF NEEDED: Survey results will be available at the end of this year.

[IF RESPONDENT ASKS FOR CONTACT INFORMATION: Please visit their website:

ctdatahaven.org or call Mark Abraham at 203-441-7254][RECORD GENDER: BY

OBSERVATION ONLY - DO NOT ASK]

|              |   |
|--------------|---|
| Male .....   | 1 |
| Female ..... | 2 |

# APPENDIX B

Appendix B  
Community Partner Distribution List

|             |                   |   |
|-------------|-------------------|---|
| Lindsey     | Addis             | New London Housing Authority                |
| Syed Masood | Asgar             | Southeastern Mental Health Authority        |
| Deb         | Barrett           | Thames Valley Council for Community Action  |
| Rayallen    | Bergman           | SE Regional Action Council                  |
| Mark        | Berry             | Town of Groton, Parks and Rec               |
| Mary        | Blankson          | Community Health Center                     |
| Michael     | Blefeld           | Stonington Health Department                |
| Maritza     | Bond              | Eastern Area Health Education Center        |
| Emily       | Boushee           | Office of U.S. Senator Chris Murphy         |
| Sharon      | Bousquet          | New London Parks and Recreation             |
| Yolanda     | Bowes             | United Community and Family Services        |
| Carl        | Brisson-Lopez     | New London Police Department                |
| Megan       | Brown             | Thames Valley Council for Community Action  |
| Aundre      | Bumgardener       | State Rep, Groton                           |
| Rick        | Calvert           | Child and Family Agency                     |
| Stephanye   | Clarke            | African American Health Council             |
| Florence    | Clarke            | Ministerial Alliance of SECT                |
| Nancy       | Cowser            | United Community and Family Services        |
| Kathleen    | Crook             | L+M Healthcare                              |
| Tammy       | Daugherty         | City of New London                          |
| Michelle    | Devine            | SE Regional Action Council                  |
| Sarah       | Drake             | Thames Valley Council for Community Action  |
| JoAnn       | Eaccarino         | Child and Family Agency                     |
| Karen       | Goetchius         | Ledyard School Nurses                       |
| Judelysse   | Gomez             | Connecticut College                         |
| Hannah      | Grant             | Spark Makerspace                            |
| Frank       | Greene            | North Stonington Department of Health       |
| Stephenie   | Guess             | Southeastern Mental Health Authority        |
| Jim         | Haslam            | CT Legal Services                           |
| Leah        | Hendriks          | Visiting Nurse Association of SE CT         |
| Yvette      | Highsmith-Francis | Community Health Center, Inc.               |
| Juliet      | Hodge             | SE CT Enterprise Region                     |
| Laurel      | Holmes            | L+M Healthcare                              |
| Carol       | Jones             | Alliance For Living                         |
| MaryEllen   | Jukoski           | Three Rivers Community College              |
| Enrique     | Juncadella        | Sound Community Services                    |
| Larry       | Keating           | New London Police Department                |
| Jennifer    | Keatley           | United Cerebral Palsy                       |
| Amanda      | Kennedy           | SE CT Council of Governments                |
| Pamela      | Kinder            | United Community and Family Services        |
| Ernie       | Koschmeider       | Groton Public Schools Food Service Director |
| Mary        | Lenzini           | Visiting Nurse Association of SE CT         |

|               |                 |  |
|---------------|-----------------|--|
| <b>Arthur</b> | Lerner          | FRESH NL                                   |
| Jerry         | Lokken          | Groton Parks and Rec                       |
| Patrick       | Lynch           | Conn College                               |
| Stephen       | MacKenzie       | SE CT Enterprise Region                    |
| Tommie        | Major           | New London Parks and Recreation            |
| Steve         | Mansfield       | Ledge Light Health District                |
| Jason         | Martin          | Thames Valley Council for Community Action |
| Cathy         | McCarthy        | L+M Cancer Center                          |
| Patrick       | McCormack       | Uncas Health District                      |
| JoAnn         | McCrea          | L+M Hospital                               |
| Rebecca       | McCue           | Holleran Center Connecticut College        |
| Alejandro     | Melendez-Cooper | Hispanic Alliance                          |
| Russell       | Melmed          | Ledge Light Health                         |
| Mary          | Milanese        | Visiting Nurse Association of SE CT        |
| Jeanne        | Milstein        | New London Social Services                 |
| Deb           | Monahan         | Thames Valley Council for Community Action |
| Jen           | Muggeo          | Ledge Light Health District                |
| Mary Ann      | Nash            | L+M Cancer Center                          |
| Peggy         | Nelson          | United Cerebral Palsy                      |
| Jennifer      | O'Brien         | Community Foundation of E CT               |
| Mark          | Oefinger        | Groton Town Manager                        |
| Michael       | Passero         | Mayor, City of New London                  |
| Kathy         | Parker          | Community Foundation of E CT               |
| Shraddha      | Patel           | L+M Healthcare                             |
| Ocean         | Pellett         | Citizen                                    |
| Abby          | Piersall        | Town of Waterford Department of Planning   |
| Cherie        | Poirier         | Eastern Area Health Education Center       |
| Ann           | Pratt           | CT Citizens Action Group                   |
| George        | Reid-Perry      | United Cerebral Palsy                      |
| Jonathan      | Reiner          | Town of Groton Department of Planning      |
| Tracee        | Reiser          | Connecticut College                        |
| Dianna        | Rodriguez       | Community Health Center                    |
| Ariella       | Rotramel        | Connecticut College                        |
| Kim           | Sanchez         | Connecticut College                        |
| Erin          | Saylor          | Child and Family Agency                    |
| Michele       | Scott           | Mashantucket Pequot Tribal Nation          |
| Dina          | Sears-Graves    | United Way                                 |
| Jessica       | Seyfried        | Thames Valley Council for Community Action |
| Sue           | Shontell        | New London Housing Authority               |
| Vijay         | Sikand, MD      | Lyme – OL Health Department                |
| Kate          | Sikorski        | Town of Ledyard Youth and Family Services  |
| Scott         | Sjoquist        | Mohegan Tribal Health Department           |
| Doria         | Sklar           | Electric Boat Wellness Coordinator         |
| Natalie       | Smithe          | L+M Hospital                               |
| Steve         | Smith, MD       | Community Health Center                    |
| Chris         | Soto            | Higher Edge                                |

|           |              |                                      |
|-----------|--------------|--------------------------------------|
| Kathleen  | Stauffer     | The ARC                              |
| Anne      | Stockton     | United Way                           |
| Colleen   | Sullivan     | United Community and Family Services |
| Cindi     | Taylor       | Old Lyme VNA                         |
| Miriam    | Taylor       | New London Public Schools            |
| Stephanie | Thayer       | U.S. Navy                            |
| Kelly     | Thompson     | Alliance for Living                  |
| Jennifer  | Tullo        | L+M Hospital                         |
| Victor    | Villagra, MD | UConn Health Disparities Institute   |
| Lauren    | Williams     | L+M Healthcare                       |
| Cathy     | Wilson       | East Lyme Senior Center              |
| Melinda   | Wilson       | United Community and Family Services |
| Samantha  | Wilson       | NL Public Schools                    |

# APPENDIX C

## Appendix C

### Focus Group Reports

CHNA Focus Group 2.15.16  
Community Health Center NL  
Facilitator: Dr. Steve Smith

Participants: 5 women, 2 African American, 1 Latina, 2 White

#### Highlights

- The out-of-pocket costs of health care—premiums, deductibles, copayments, and excluded services—make paying for health care difficult even for those with relatively well-paying jobs.
- Prescription drugs are the biggest factor making health care hard to afford.
- The high cost of health care are making individuals skimp on their health care such as splitting pills, deferring care, and foregoing dental care and skimping on other necessities like food.
- Those with children with special needs and the elderly have additional financial challenges for services that are not covered such as in-home behavioral assessments and homemaker assistance.
- Better coverage under HUSKY can create perverse incentives to seek lower-paying jobs to qualify for state health insurance.
- Health insurance needs to be made more affordable by reducing out-of-pocket expenses and making coverage more comprehensive.
- Individuals need easy-to-understand, easy-to-access, and accurate information about the cost of health care they will be responsible for *before* they incur those services.
- Health care providers need to talk to their patients about the costs of care and what options are available.

#### Healthcare affordability: themes from discussion

Even with well-paying employment, managing HC premiums and deductibles along with other regular expenses, is challenging. Add additional challenges of being a single parent, having multiple medical issues, having a child with special healthcare needs, being elderly, not qualifying for various programs, and affording the HC expenses becomes nearly impossible

One of the biggest factors contributing to cost of HC is prescriptions. Much variability in costs. Drug manufacturers are profit motivated. Some medications are outrageously costly.

There is a disincentive to work because a lower income would qualify for HUSKY which is better coverage and lower cost.

ACA premiums and deductibles are high but so is the penalty for not enrolling. Still people are opting to pay the penalty.

It costs more money to have insurance than to not have it. It costs more to use insurance than not to.

Challenges for elderly folks – women of that generation may not have worked much and therefore have lower benefits – relying on spouse's benefits. Challenges with affording prescriptions and obtaining necessary equipment such as hearing aids and dentures.

Dental coverage is expensive and often not comprehensive.



Debt from HC services/cancer care can linger for years.

Families faced with hard choices: leaving employment to care for child with special needs, leaving higher paying jobs to qualify for HUSKY, making choices between medicine and food or other necessities, taking less medication than prescribed to stretch it out, staying with an abusive spouse for medical benefits, postponing or avoiding needed care especially preventive, not buying healthy food.

Not having insurance and not accessing preventive care is less expensive in the short term unless emergency care is needed.

Irony – single people may qualify for more benefits – being single may be advantageous over being married.

### **What can be done to make it better?**

Shift priorities in healthcare like other countries that “take care of their people.” Use natural methods of healing

Establish a fund to support people in managing co-pays.

More mental health services needed and earlier – schools can't do enough.

Include expenses in calculations for eligibility for sliding fee scale. For ACA, monthly expenses should be included when calculating premiums – not just income.

Threshold to allow tax deduction for medical expenses should be lower than 10%

### **Is there enough information given about costs of services?**

HUSKY does not provide information about coverage until the person is actually enrolled.

Resourcefulness is required to get the information you need, especially true on issues related to children with special health care needs.

### **Does your healthcare provider discuss costs with you? How should they bring it up?**

Yes, providers are forthcoming with information, particularly related to equipment and access to covered services.

My physician is willing to work with me on a payment plan, he brought up the cost of care and offered to advocate for me with the insurance company for specialized and expensive treatment.

Specialist does raise the issue up front.

Before talking about the benefits of a particular treatment, providers should talk about the cost – be up-front with cost discussion. The patient should be allowed to decide at the beginning whether they want the services.

BC/BS app allows people to see costs at various locations.

## Appendix C

### Focus Group Reports

- Date: Sunday, February 21, 2016
- Location: Church of the City, New London
- Participants: 12 people
- Time: 12:00pm
- Facilitator: Rev. Aracelis Vázquez Haye

#### 1) What is your vision for a healthy community? What is needed to get to that vision?

- You need to have a healthy communication and deliberate conversation of the services that they will receive. “I don’t believe that any conversations of health are being offered or being discussed” This message needs to be addressed to the families before being addressed to the children. A lot of people in this town are invisible. They don’t part-take in large gatherings or want to identify themselves because they will stand out. Information is not being disseminated to them. “I can only reach out to them if they come to me”
- A lot of times I only know what is going through being healthy from what my kids come tell me
- Being healthy is very expensive. Even as a middle class wealthy family its still hard to very expensive and hard to afford healthy living. “Sugar is a drug” Its what all the schools provide to the children (its all sugar)
- Difference in American and Chinese culture lunches.
- “We need to educate our children so they can educate the parents”
- Recognizing the difference between recycling and garbage
- “Kids are not moving as much as they used to, there isn’t much recess, all the technology (Video games, computers, tv) is keeping kids in side. We expect all the kids to stay in class and sit all day long while recess is limited.
- If we start with prenatal care and the early stages, (for every 1 dollar you invest in preschool you will get 7 back) we will reap benefits for that in 20 years.
- Vision: Investing in our children and younger population. When we have a diverse community, communication is important and that currently isn’t happening because of different cultures and people are getting lost in the margins.
- Swimming was offered at schools and it was a great opportunity for keeping children encouraged and fit but there are a lot of programs that are getting cut because of budget funds.
- Sister and brother program – Anticipatory socialization. (take your child from an environment and match them too a college student to change environment. It enables for the child to have a mentor and replicated the lifestyle that they would in the end want to achieve.) It was cut because of costs on transportation
- Transportation is a major concern and issue in the new London district.
- Even if a lot of programs are offered people don’t know how to be healthy or what it means to be healthy so even if the programs are offered people wont find the need to be involved unless the awareness is built. “There are a lot of parents who want everything spoon fed for them. They either have a language barrier or feel entitled.
- 65% of new London students are living in single parent homes

#### 2) How do you see mental health and/or substance abuse issues impacting wellbeing in your community? {PROBE: challenges for people seeking treatment for MH/SA}

- These conditions need to be diagnosed earlier. “if its not the school’s responsibility, who is? They don’t get diagnosed in the right time.
- There a lot of parents who are in denial. A lot of these kids really need to deal with the struggles of bullying over peoples identity.
- We need to have systems in place to deal with children who aren’t getting appropriate services. But a lot of the

times the parents are in denial of the actions that their children are actually conducting.

- Communication still needs to be addressed within the parents, school systems, transportations etc.
- It takes time and work and dedication to figure out the best remedies for these children.
- The primary problem with heroin is that there is no quality control. Everything is controlled. But its not that way in New London. There is no concern of the purity that they are receiving. Easy Access.
- It is easier to communicate with getting drugs, or alcohol instead of seeking a professional for help and dealing with their needs.
- A lot of these conditions have also happened because of the addiction that had started with early age of taking medication.
- A lot of times the kids who are dealing with issues of substance abuse are getting influenced with drug usage at home and witnessed by their parents. This is what is getting communicated. There is a lot information that is accessible to children now that wasn't accessible previously.

•  
**3) We surveyed residents by telephone and \_\_\_ {insert appropriate issue} \_\_\_ came up as a specific concern among \_\_\_{insert appropriate constituency}\_\_\_. What do you think contributes to this issue?**

**-African Americans – cardiovascular disease/hypertension**

**-Hispanics – asthma**

**-Native Americans –**

**-Low-income – diabetes {PROBE: access to healthy foods}**

- Access to healthy foods is limited. Fast foods are always selling unhealthy foods at much higher costs than the cheaper unhealthy burgers/fries.
- Portioning to sizes of the meals that people eat is always in a large increase. Fried foods is also at a high.
- Its cultural to the specific way in each culture cooks their food and raise their kids in eating.
- **\*\*Some preschools offer candidates from colleges and L and M to offer education no how to be healthy! They provided classes on how to read food labels and what to specifically look for in living a healthy lifestyle.**
- **\*\*If we want to start with the community we need to start with educating with them.**
- We base our life on taste and if it doesn't taste good then we don't want it but its all about portion control.
- Education on nutrition and healthy living is the best thing we need right now.
- Its cheaper to eat unhealthy and if your living alone its easier to go and pick up some precooked unhealthy food than cook for yourself everyday.

Organizations to help move this vision forward:

Hospital, Schools, Churches, Library, Parks and Recreation, Coast Guard, Colleges, Police and Fire Department, First responders.

\*The amount of waste that is produced from these schools is ridiculous. There is a major waste of money from the food that is provided to these schools especially when there are so many local organizations that are struggling to get food.

**FOCUS GROUP-Spanish Speakers (Adults)**  
**Church of the City**  
**March 3, 2016**  
**6:00pm**

~12 Participants

~Note-Taker: Diana Rodriguez

~Note-Taker (Translator): Estephany Garlarza

**1) What is your vision for a healthy community?**

- Information
- Prevention
- Safety: Do not feel secure when going out due to the increase of drug consumption in the area.
- Healthy Diet: Checkups, nutritionist.
- Recreation / Exercise: There isn't a park with a jogging track available.
- Climate: We understand that the weather does not help, but there aren't adequate recreational facilities for the winter/cold weather.
- Technology: It has kept our children sedentary in their habits and, due to the lack of suitable places for cold seasons; we have to keep them indoors.

**2) What does it take to reach that vision?**

- Investment / Resources.
- Draw attention of politicians or agencies that are relevant/focus on health.
- Community integration.
- Integration of schools.
- Good leaders have to rise so they can make the voices of the community to be heard by the authorities.  
(LEADERSHIP)
- We must present convincing proof to the city to show that resources are needed and can be disbursed.

**3) Think of yourself, your friends, family and others living in the community. What are some of the health problems you see?**

**{POLL: A broad interpretation of health}**

**1) How do you think the problems of substance abuse and/or mental health impact the welfare of your community?**

- Lack of family communication
- Information
- School policies tie our hands
- People, abused children are being threatened but do not speak
- They have legalized substances without seeing the future risks.
- Integrity.
- There's a lack of wide communication.
- Parents should prepare/teach their children to prevent bullying (bullying).
- Parents should be made aware of the existing problems.
- Economy.
- Politicians.

- NOT HAVING A CHRISTIAN BASE ON FAMILIES, HOUSEHOLDS AND THE COMMUNITY.

{POLL: Challenges for people seeking treatment for MH / SA}

**2) Residents were surveyed by phone and \_\_ {insert appropriate topic} \_\_ emerged as a specific concern between \_\_ {insert the appropriate district}\_\_.**

**What opinion and / or contribution do you have on this problem?**

- a) African Americans - Cardiovascular / hypertension diseases.
- b) Hispanic - Asthma.
  - Weather
  - Change of medications
  - Emergency room treatment for patients with asthma is bad/appalling
  - Some doctors, in order to have more patients, attend patients without proper examination
  - Environment
  - Heritage
  - Contamination
- c) Native Americans
- d) Low income - diabetes {POLL: access to healthy food}

## Appendix C

### Focus Group Reports

**FOCUS GROUP-Youth  
Church of the City  
March 3, 2016  
7:30pm**

**~12 Participants**

**~Note-Taker: Toby Matthews**

#### **What is your vision for a healthy community?**

-A United and safe one

-A clean one

-Nonviolent

-We are very split and segregated within our own community even within our "own" Hispanic community. People feel more connected with people from their own ethnicity.

-Fights are happening everywhere: inside and outside of school. Gangs are getting formed. A lot of the times upper classmen feel like they are above anyone else and can do whatever they want, whenever they want. "Trashing of Wendy's" In the middle school there isn't actual fights but there are a lot of rude comments and bullying that may push people over the edge and hurt people inside.

-Fresh foods and vegetables are only really offered in community gardens, farmer markets and we are only limited to two grocery stores.

#### **What is needed to get to that vision? Think about yourself, your friends, family and others that live in the community. What are some of the health challenges that you see?**

{PROBE: for broad interpretation of health}

-We need to change our actions to change our community

-we need a strong leadership

-A lot of times education isn't taken seriously since everything has leaned towards technology

-We are not taught or people don't even understand how to live a healthy lifestyle. People don't apply it their own lives.

#### **Health Challenges**

-they can't afford or have health insurance

-Receiving help from health providers is difficult when we can't afford to take care of ourselves

-People are stressed mainly because they heart a lot of news of people suffering through the world and they feel like it could happen here or to someone close.

-school in general could be difficult to overcome and just stress people out

-there are drugs that our being freely accessible even in school. Ex: Heroin, K2, Marijuana

-Alcohol is a very big thing in our younger generation

-Family issues: single homes, abuse, domestic violence, disrespect, physical and mental abuse, sexual abuse,

-relationships that are not healthy in the middle school, high school, and college level. A cycle of abuse that has occurred.

**How do you see mental health and/or substance abuse issues impacting wellbeing in your community?**

**{PROBE: challenges for people seeking treatment for MH/SA}**

We surveyed residents by telephone and \_\_{insert appropriate issue}\_\_ came up as a specific concern among \_\_{insert appropriate constituency}\_\_. What do you think contributes to this issue?

African Americans – cardiovascular disease/hypertension

Hispanics – asthma

Native Americans –

Low-income – diabetes {PROBE: access to healthy foods}

-Homelessness adds to this problem. Depression and drug use just continues to tear families apart. Denial of people's own current situations. It messes with people's education tracks.

-Access to healthy foods, and culturally some people are unaware of eating healthy. We do eat meats that we have desire to have better tasting food than just eating healthier.

-How do we have portion control as a community

-Usually food that is healthier and organic is always much pricier than food that is accessible to everyone else

-There is a study that in some places a gun is more accessible to get more than an apple

# Focus Group Discussions with Native & African American Community Members in southeastern Connecticut

*Opinions of participants ages 12-87 about multiple factors affecting individual and  
community health*

**WUYÁMUSH**

April 18, 2016

Authored by: Michele Scott and Stephanye Clarke



# Focus Group Discussions with Native & African American Community Members in southeastern Connecticut

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Opinions of participants ages 12-87 about multiple factors affecting individual and community health

## Conducted for:

The Community Health Needs Assessment, convened and funded by Lawrence & Memorial Hospital (L&M) and Ledge Light Health District (LLHD).

## Prepared by

Michele L. Scott, MSOL  
Community Development Strategist & Evaluator

Stephanye R. Clarke, AS  
Community Engagement Coordinator & Health Educator

## Acknowledgments

Without the contributions of the following individuals, these focused group discussions and resulting report would not have been possible:

*The participants of all groups who shared their experiences and knowledge;*

*Jessica Hill, Revered Kenn L. Harris and Crystal Worsley  
for facilitation and participant recruitment.*

*Wuyámush team members conducted seven focus group discussions in southeastern Connecticut during February and March of 2016: two groups at the Mashantucket Pequot Tribal Reservation, one at an elderly housing complex in Groton, two at an public housing complex in New London, and two faith-based groups—one in Groton and one in New London. These groups were conducted as part of a Community Health Needs Assessment, convened by L&M and LLHD.*

*This report describes findings from primarily Native and African American community members living throughout southeastern CT (demographic tables are in Section IV). In response to the information learned from these discussions, it is our hope that plans to address areas of concern are included in the Community Health Improvement Plan. Those individuals tasked with convening focus groups (including Community Health Needs Assessment Steering Committee Members and Facilitators) have been entrusted to return a full report of findings to all focus group participants to ensure inclusion and appropriate use of data during future planning and implementation efforts.*

## Findings

The findings are organized into three sections: I) *Neighborhood/Community changes*; II) *Beliefs and Health Concerns*; III) *Healthy Individuals, Families & Communities*; and IV) *Demographics*.

### *I. Neighborhood/Community Changes*

Residents of the New London, Mystic, Willimantic, Ledyard and Groton Town all mentioned noticeable differences relative to the loss of sense of community in their respective neighborhoods. The majority of adult participants recalled times when everyone knew everyone and were somehow connected versus today, when they often are disconnected from their neighbors. They remember times when elders were revered and would address any young people who were “out of line,” and call the parent(s) to let them know what happened—a sharp contrast from today, when younger parents do not appear to have similar values. Intergenerational connectedness was also mentioned as something that was missed.

They lamented that youth-focused activities and programs in their cities and towns have either experienced a significant decrease or stopped altogether. Increased drug activity, violence, homelessness and safety concerns were mentioned from all focus group participants.

Of note, adult residents of the public housing complex mentioned that because law enforcement entities had recently conducted several raids (earlier in the same month of the focus groups), they noticed less guns and less drug activity. As a result of these changes, they reported feeling safer. Conversely, a group of young people living in the same complex (ages 12-18), mentioned the following changes in the neighborhood: more homeless people in the area; increased drug activity, people being shot at or shot; and being afraid because of “strange people walking around.” They expressed feeling less safe in within the complex and in the immediate surrounding neighborhood.

### *II. Beliefs and Health Concerns*

When asked what resources the community has or could do to help support/build healthy families, answers were sparse, with the majority of adult respondents stating that they were unaware of such resources outside of the connections made through the facilitators. Participants also reported believing that more resources, programs and services (whether with a cost or not) are “out there,” but that people are largely unaware of these services and expressed interest in a hub of sorts—one point of reference—that could coordinate and disseminate information on a regular basis. Participants expressed concerns about the hospital (L&M) having cut a great deal of community health education programs.

When asked about health challenges, the following were reported (answers marked with “\*” were also listed when discussing possible reasons for higher rates of high blood pressure and diabetes among African and Native Americans):

- Smoking\*
- Asthma
- Substance Abuse
- Alcohol Abuse
- High Blood Pressure
- Diabetes
- Mental Health
- Oral Health
- Parenting Skills
- Clean Air inside living quarters\*
- Unemployment
- Expensive Insurance Costs\*
- Lack of/Limited Transportation\*
- Lack of affordable physical activity options\*
- Lack of trust in medical/health care systems\*
- Not Understanding New Health Insurance & Some Treatment Options\*
- Crime & Safety Issues\*
- Environmental Issues
- Uneven Sidewalks \*
- Stress\*
- Depression\*
- Breast Cancer
- Obesity\*
- Domestic Violence
- Alzheimer’s
- Loneliness
- Lapse of Memory
- Poor diet\*
- Racism/Implicit bias
- Lack of/limited access to healthier food on a regular basis\*

*“There are so many people in this building who have mental health issues and need services, but they don’t know where to go or how to pay for the services. I have friends who are survivors of traumatic domestic violence who need support services, but they don’t know who to go to or how to get started. These are parents—with heavy baggage—raising kids in a place no one else in the community cares about. We love each other but know we’re a bunch of throwaways, like those misfit toys in that Christmas special.”*

*- Public Housing Resident*

Both faith-based groups mentioned that their pastors frequently discuss health matters from the pulpit. Members of both congregations also reported either having or being in the stages of developing health ministries within their respective churches. Church members and reported a connection with Spiritual health to physical, mental and emotional health.

In the Groton faith-based group, the pastor asked questions specific to the men’s issues, health issues and why men tend to be more lax in taking care of themselves. Depression, stress, unemployment and underemployment were prevalent answers, as was focusing on being the provider. Socialization, pride and masculinity were listed as reasons men tend to delay paying attention to their health. One man suggested that if young men of color were introduced to the health system earlier, “like the young women are, maybe—just maybe—keeping up with our health regularly would feel more normal. Otherwise, it’s like- I can handle this—I’m a MAN!”

Rather than ask teenagers what major health issues/challenges they noticed, the question posed to them was: **We know that young people worry about things. What are the one or two things that you or your friends worry about most? How often do you worry about them?**

Teens reported always being worried about one or more of the following:

- Self-harm (cutting, specifically)
- Depression
- Obesity
- Stress
- Prescription Drug Use
- Sexually Transmitted Diseases/Infections
- Pregnancy
- Sexual Harassment by other teens

The stress of helping their parents provide for their families was mentioned by more than one half of the teens with many expressing worry about “where the money will come from” if they didn’t help out in some way.

One teen, a young Hispanic male, mentioned that he worries often about dying. When asked to “unpack” that, he mentioned a variety of ways that worry him, including natural causes, being hit by a car, and being shot and killed—either by gang members/drug dealers or by the police.

### III. *Healthy Individuals, Families and Communities*

When asked what is needed to keep teens healthy, they suggested: parents/trusted adults they could talk to; teachers “who actually care;” more positive people (mentors); a youth center; and prevention (by way of condoms, birth control and parental advice).

Adults were asked about their vision for healthier communities and offered the following:

Seniors mentioned wanting more one-on-one contact with visiting nurses—they find the nurses more personable and are more comfortable sharing information with the nurses. They feel rushed in the doctor’s office and believe that the nurses can relay information to the physicians. The group agreed that they should form a group of interested fellow residents to discuss various health issues and behaviors, to keep each other company and share ideas. They believe an intimate setting, like a smaller conference room, would provide a good setting and that getting this group together might actually lead to people feeling less isolated and that their physical health could/would improve. Seniors also expressed a desire for outside agencies and organizations to visit with educational classes, i.e.: ways to manage chronic disease, group exercise for seniors (onsite), although they did mention that sustainability of such groups might be problematic.

Seniors mentioned being aware of activities at the local senior center, but wanted more services to be available onsite, to mitigate some transportation issues. An alternative is to have greater access to a reliable mode of public/senior transportation. Having small

*“Communication is so important!  
You never know what someone in  
this building is going through—  
just a smile or a compliment on a  
new hairdo might actually lift  
someone’s spirits and make them  
feel better emotionally and  
physically.”*  
- Senior Housing Resident

garden plots in their housing complex was another suggestion for the group, as was having local experts work with them on starting/tending the gardens. Lastly, seniors mentioned wanting to receive more information on age-appropriate nutrition, perhaps as one of the classes offered from a local agency. Only one in the group was familiar with community programs from the health department (LLHD)—others want to know what is offered. An opportunity to share resources for seniors has opened as a result of this conversation.

Other groups listed the following as contributors to healthier communities:

- Leadership with a vision
- Trust
- Collaboration for many groups/sectors
- Plans, with sustainability built in
- Enough primary care physicians to serve needs of the community
- Safe, affordable housing that isn't isolated from communities
- Resources
- Livable wages
- Adequate public services
- Advertising/Awareness
- More places to receive healthcare
- More mental health services
- Youth centers
- Reliable transportation
- Mentors for young people
- Health department and hospital need to reach out to community members more—they're too disconnected
- Community gardens
- Access to organic, affordable food

*"We need to know that people care. Not that many people want to come into our neighborhood. I've been seeing you come here since I was in middle school! You're the only one who keeps coming back no matter what. Can you tell other people not to be scared of us? The newspaper reports stuff about people who come here and sell drugs or shoot guns and all of a sudden everyone in the city thinks it's us! We are just as scared as everyone else!"*

*I want to grow up and not have to deal with a lot of the things I know adults here and their company who don't live here do. I want more positive people in my life- in our lives- so that we have a better chance at success."*

*-17 year old Public Housing Resident*

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*"The doctors at this place don't treat me well. They don't listen to my concerns and want to just get me on a bunch of pills. I actually had to get switched from a doctor because he told me that people like me wouldn't follow treatment plans to manage my diabetes. When I asked him who he was talking about, he said 'black people.' I assured him that he shouldn't treat me based on what he either believes about Black people or has experienced with other patients. I also told him I'd be reporting him. How many other people did he say that too? How many others may have died because of his implicit bias?"*

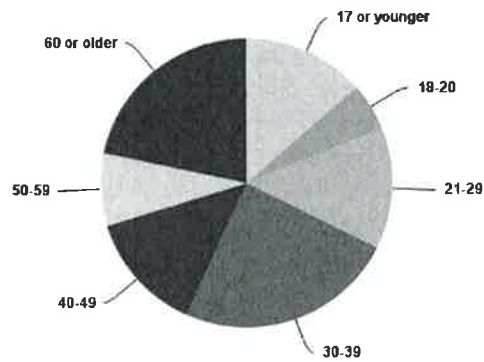
*- Faith-based Focus Group Participant*

#### IV. *Demographics*

The following tables represent the 75 focus group participants:

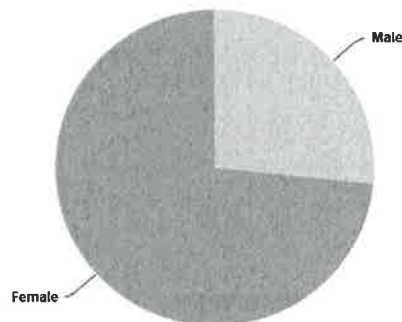
##### Q1 What is your age?

Answered: 74 Skipped: 1



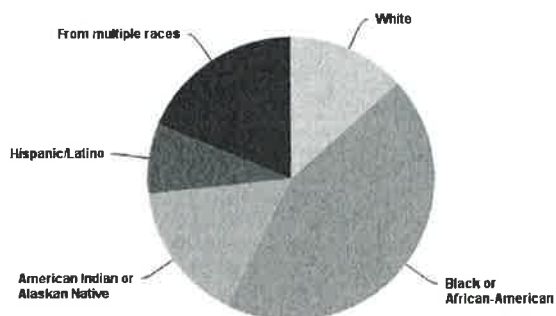
##### Q2 Are you male or female?

Answered: 75 Skipped: 0



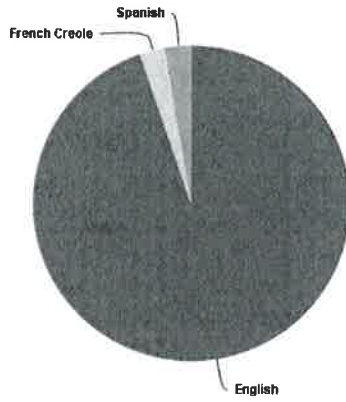
##### Q3 Are you White, Black or African-American, American Indian or Alaskan Native, Asian, Native Hawaiian or other Pacific islander, or some other race?

Answered: 75 Skipped: 0



#### Q4 Primary Language spoken at home?

Answered: 75 Skipped: 9



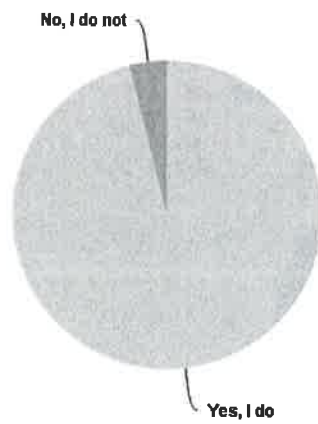
#### Q5 What is your residency status?

Answered: 75 Skipped: 0



#### Q6 Do you currently have health insurance, or not?

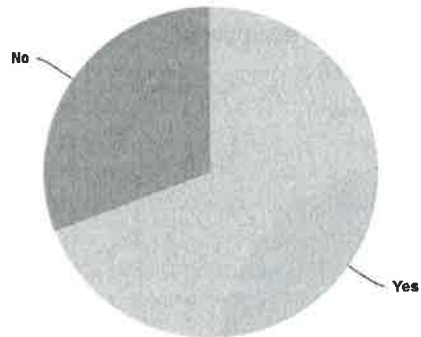
Answered: 75 Skipped: 0





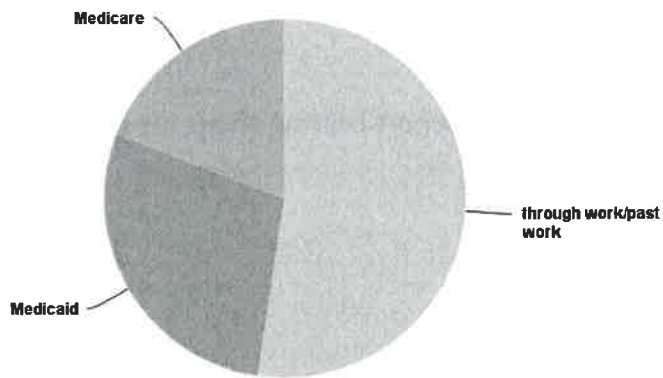
**Q7 If yes, did you have it before the Affordable Care Act (Obamacare)?**

Answered: 65 Skipped: 10



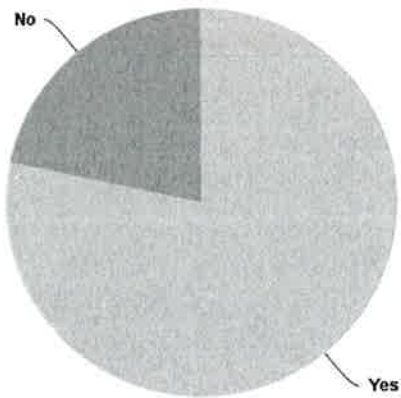
**Q8 If yes, what type?**

Answered: 63 Skipped: 12



**Q9 Do you have a primary care provider?**

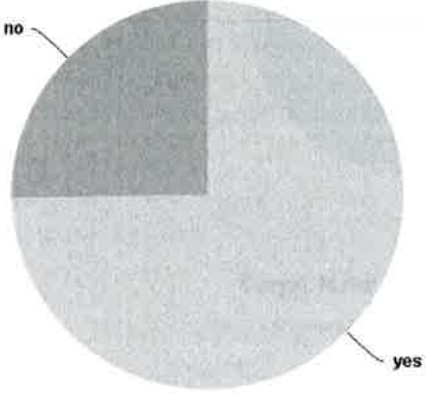
Answered: 74 Skipped: 1



The average number of people living in the homes of focus group participants is 3.05..

**Q11 Do you have a regular source of transportation?**

Answered: 75 Skipped: 0



100% of Focus Group participants report hearing about the groups by word-of-mouth.